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HE'S BACK
metroNEWS

Your essential daily news | WEDNESDAY, AUGUST 12, 2015 High 33°C/Low 14°C Heat advisory

Bus shelter vandalism continues

TRANSIT

Several arrests made earlier in the year

Helen Pike
Metro | Calgary

After a targeted ad campaign, Calgary Transit still appears to be struggling with bus-shelter vandalism.

Over the past five weeks, there has been an average of 2.3 shelters smashed per day, according to city data provided to Metro.

That puts the rate for July and August on pace with the rate of vandalism seen last year, when shelter smashes reached their peak.

A total of 838 instances of bus-shelter damage were seen in 2014, compared to 471 in 2013.

While vandalism tends to occur more frequently in the summer, a city spokesperson noted the numbers for this July were down 22 per cent compared to the previous July.

Calgary Transit launched an awareness campaign in April, urging people to report shelter damage as soon as they see it. Between then and mid-June, six arrests were made.

Typically, there are only two or three such arrests per year.

If you see vandalism in progress, you are asked to call 911.

Otherwise, reports are best made directly to Calgary Transit at 403-262-1000.

PETA'S TACTICS GETTING OLD

EXPERTS SAY METHODS SHOCK, BUT DON'T INFORM

metroNEWS

Fake blood drips from a woman dressed as an alligator as part of a protest in Calgary on Tuesday. JENNIFER FRIESEN/FOR METRO

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metro NEWS
Your essential daily news

Kids with cancer may have a chance at future parenthood. **World**

IN BRIEF

Low water levels result in fishing ban on Elbow River

A lazy afternoon of angling could mean a fine.

Hot weather and low water levels have prompted a fishing ban on a number of southern Alberta rivers and streams.

The ban includes the Elbow River from the Glenmore Reservoir to the Bow River confluence.

Lisa Glover with Alberta Environment said the ban is in place to protect the fish population.

Research licences have also been temporarily suspended.

Glover said when the water temperature rises, there's less oxygen for the fish, which increases stress and the risk of mortality. THE CANADIAN PRESS

Heat advisory in effect until Thursday afternoon

Extreme heat in the forecast prompted Alberta Health Services to issue a 48-hour heat advisory for Calgary, effective Tuesday afternoon until Thursday afternoon.

The advisory means people in the city and area are advised to consider rescheduling outdoor activities, take frequent breaks from the heat in cool buildings, stay hydrated, and apply sunscreen diligently.

"Residents and visitors should also monitor for symptoms of heat stroke, including high body temperature, lack of sweat, disorientation, fainting, and unconsciousness," AHS said in a statement. METRO

A walk on the wild side

CALGARY ZOO

Parks Canada exhibit aims to reach out to urban dwellers

Jennifer FriesenW For Metro | Calgary

Derry MacKinnon, 8, looks at the skull of a black bear at one of the information booths set up in the exhibit. JENNIFER FRIESEN/FOR METRO

While on vacation from her home in Ontario, Erin MacKinnon brought her daughters to explore Canada's wild side at the Calgary Zoo Tuesday.

Arlie, 6 and Derry, 8, were still buzzing with excitement after seeing three black bears play-fighting in their compound, when they stopped to display their day's assignment.

Representatives from Parks Canada have set up stations in the zoo's Canadian Wilds exhibit as part of the Get Into The Wild program.

Each child is given a booklet at the entrance, filled with questions about what they've learned and what they liked best — with a promise of a prize at the end.

Running seven days a week, Get Into The Wild offers camping safety demonstrations, activities and sing-alongs with the Mountain WIT theatre group.

Mireille Rousseau, with Parks Canada, said the program began four years ago as a way to "connect the urban population with national parks."

"There are a lot of people in the city who don't get out to our national parks," she said. "As Canadians, it's a part of our heritage — and a rich part of our heritage — so we want people to get excited and remind them of just how amazing these natural parks are."

After completing a drawing of their favourite animals, the black bears, Arlie and Derry were on their way to collect the day's prize.

"It's great to have the girls get all this exposure at once and just to see what's in the Canadian wilderness," said Erin. "Because at zoos, we're usually more interested in what came from other countries, but it's nice that it's more of a focus on what's in our backyard."

The program runs until Sept. 7.

THE PROGRAM

Prop talks: Information booths to talk about the animals in the Canadian wilderness.
10 a.m. to 4:30 p.m. daily

Scavenger Hunt: The chance to win prizes for completing a booklet with what children learned about the animals.
10 a.m. to 4:30 p.m.
Friday to Tuesday

Mountain WIT: Workshops on camping safety and campfire singalongs.
11 a.m. to 3 p.m.
Wednesday and Thursday

CONSTRUCTION

Pace of home builds slows

New home construction slowed in July for the first time in three months, mostly as a result of fewer multi-unit projects started in urban areas — particularly Calgary, said the Canada Mortgage and Housing Corp. Tuesday.

Actual housing starts for Calgary were down 43 per cent in July from the same month last year, falling to 770 units from 1,354. For the year so far, housing starts are down 31 per cent for the city.

Calgary's economy has been hit by the protracted plunge in oil prices and it's showing in the real estate market, said Richard Cho, CMHC's principal of market analysis for Calgary.

"We're seeing slower growth in employment, fewer people migrating to the region as well," Cho said. "There's also some more uncertainty in the market and I think with that, perspective buyers are taking more time and being more cautious."

But Cho said it's important to keep in mind that Calgary saw record levels of home construction last year.

"It's not surprising to see the pace of activity to come down," he said.

For Canada as a whole, CMHC said last month's the seasonally adjusted annual rate was 193,032 units, down from 202,338 units in June. THE CANADIAN PRESS

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Drug kits may reduce danger

OVERDOSES

'Realistic' new policies, kits at festivals save lives: Research

Lucie Edwardson
Metro | Calgary

Carnival-goers dance at the Electric Daisy Carnival in Las Vegas, where a 24-year-old partier died from an "accidental overdose," one of numerous drug deaths at music festivals across North America last summer. JOHN LOCHER/THE ASSOCIATED PRESS FILE

An expert studying poly-substance use at music festivals says a "prohibition attitude" is causing consistent problems at events across the country.

This past weekend, 17 Calgarians were sent to the hospital for drug and alcohol-related overdoses at the Chasing Summer electronic dance music (EDM) festival.

Warren Michelow, a PhD candidate at the school of population and public health at UBC, is focusing his research on the use of poly-substances at festivals like Chasing Summer, and advocates strongly for the accessibility of drug-testing kits at such events.

"I think they can still have a really positive effect on reducing harm at festivals," Michelow said Tuesday.

Although the testing kits don't tell a person the potency or purity of their substance, it will tell them what substances are present, he noted.

"What we have seen is when people get a negative result and if the substance they are hoping for is not in the pill or the powder, they will often throw it away," he said.

Harvey Cohen, managing partner for Union Events, which runs Chasing Summer, X-Fest and the One Love Festival in Calgary, as well as Sonic Boom in Edmonton, said their approach to harm reduction is "multi-pronged," and includes advanced education, on-site support such as medics, security and free water.

> **People need to take the approach of 'we wish things weren't this way, but they are, so we are going to put resources in place to help.'**
> Warren Michelow, Researcher at UBC

Cohen added, however, that drug-testing kits "have always been a very contentious issue in Alberta," and that "pill testing is not something that has ever been a reality in this province."

"We work within the regulatory structure we are given," said Cohen, who said Union Events is currently working on an anti-fentanyl campaign with AHS to roll out during fall festivals.

Michelow said the approach to recreational drug use must change, not only at festivals but at bars and clubs as well.

He said people need to take the approach of "we wish things weren't this way, but they are, so we are going to put resources in place to help."

Earlier this summer, Evolve music festival in Antigonish, N.S., lost its insurance just days before the event when organizers told festival-goers they would offer drug-testing kits on site.

The festival ultimately found another insurance provider at the last minute and was able to carry on, but Michelow said this is an all too common problem for bar, club and festival operators attempting to implement harm-reduction strategies.

"The most helpful thing we could do is create a policy environment so that bar, club and festival owners could have a responsible, realistic way of addressing what is actually happening without putting their whole commercial operation at risk," Michelow said.

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INVESTIGATION

Late-night truck fire was 'something out of a movie'

This image is a still frame taken from a video James Porter recorded of the event. YOUTUBE/ SCREENSHOT

James Porter said he's "never seen anything like it."

Porter, 37, was getting ready for bed in his northwest Calgary Patrician Village apartment when he saw bursts of light from out his window.

"I happened to look outside and I saw flames and it took me a second to realize that there was a truck on fire," he said.

Upon seeing the truck engulfed in flames, Porter said he "immediately called 911," before shooting video of the burning vehicle.

Carol Henke, spokeswoman for the Calgary Fire Department, said fire crews responded to the call in the 2000 block of Ulster Road NW just before 10 p.m. Monday night.

She said they doused the fire and used thermal imaging to locate any hot spots in the vehicle. Henke said Calgary Fire Department officials then made the call to call in the Calgary Police Department arson investigator and the investigation is now in their hands.

Eighteen-year-old Ben Horvai said his father was out walking their dog when he noticed the fire and informed his son that his brand new Nissan Maxima was parked just feet behind the blazing truck.

Horvai said he grabbed the keys and ran to his car. He said he could feel the heat radiating off of the flaming truck.

"I was terrified but I just got the car so I really didn't want to lose it," he said.

"I drove it around the block as far away from the truck as I could."

Porter said while he watched the burning truck and shot video from his window he could "hear things popping."

"I was constantly hearing small explosions," he said. "It was like something out of a movie."

A spokesperson for CPS said the truck has been identified as a Dodge Ram and the arson unit is actively investigating.

LUCIE EDWARDSON/METRO

City house concerts not your typical music venue

ENTERTAINMENT

Connection between band, audience makes for better show

Jeremy Simes
For Metro | Calgary

Rosalind, a local band, performs at the 1919 5A house in Mission on July 31. CONTRIBUTED/LINDSAY FISCHER

Welcome to 1919 5A, a place where Calgary's unconventional music scene collides with those new and old to a growing culture.

As the sky began to dim on a Friday evening shoes came off, garden lights were lit and the opening act, Rosalind, took the stage — or porch — strumming the first note outside the Mission-area house.

The crowd, sitting on the front lawn with cold brews in hand, was attentive. Peering through hedges outside the yard, some pedestrians walking by the home were also captivated by the smooth sounds.

Known as house concerts, venues like this offer an experience you can't find at your local bar, said host Kate Zago.

"It's a very intimate space to connect with people," she said. "I feel like the audience connects more with the band and the band connects with the audience, so you end up having a better music show."

Jesse Shire, singer and banjo player for Rosalind, said he isn't new to the house-show scene, but added it was the first time he played at 1919 5A.

He said Friday night's show exceeded his expectations.

"It was phenomenal," he said. "All of the attention was on the music … and that's how I really know I'm impacting people."

The housemates of 1919 5A don't profit from the shows, Zago said, adding that a donation jar is passed around, where all proceeds go to the bands performing that night.

The sky finally dark, the more lively act, I Am The Mountain, took to the porch later that same night. The crowd was up on their feet, some dancing while others sang back to the mic.

> **It's a great way to build community … It's just a really positive and a magical experience.**
> Colin Smith

You'd think noise would be an issue around that time of night, but the venue's organizers take care of that ahead of time, Zago said, noting all neighbours are informed and also given invitations.

Complying with city bylaws, she said the show wraps up by 11 p.m.

A veteran to the house-show scene, Colin Smith said he hopes people just have a good time and learn more about their neighbours.

"It's a great way to build community," he said. "It's just a really positive and a magical experience."

Zago added she hopes more people host their own shows — it's low maintenance and easier than you think.

"The more unconventional things that are happening in Calgary, the more interesting the city becomes," she said.

BLUE HERON DEATHS

Syncrude hit with protection order

Oilsands giant Syncrude is facing an environmental protection order following the deaths of 30 great blue herons at one of its sites.

"It's guidance to the company," Alberta Energy Regulator spokesman Bob Curran said Tuesday. "We're specifying what our expectations are, what information we expect the company to deliver and in what time frame."

Syncrude revealed on the weekend that 29 carcasses from the large shorebirds were discovered last Friday near a pump house at an abandoned sump pond at the Mildred Lake mine site north of Fort McMurray. One additional bird was euthanized on the order of Alberta Fish and Wildlife.

Despite previous reports that bird deterrents at the facility were fully working, Syncrude spokesman Will Gibson acknowledged Tuesday that no such equipment was in operation. "We didn't have any deterrents in the area at the time," he said. "We typically put deterrents around our tailings facility."

Since the discovery, Syncrude has installed fencing, sound cannons and bird-scaring statues, including a robotic falcon. Human observers are also stationed at the site around the clock.

Curran said an investigation is to determine if Syncrude was following all rules regarding wildlife. "We need to determine the cause of death of those birds, because we don't know what it is."

Great blue herons, which feed on fish and frogs along shorelines and riverbanks, are Canada's largest heron. Their numbers are considered secure.

THE CANADIAN PRESS

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BIG BANG RESIDENCY

Beakerhead calling artists for initiative

Jeremy Simes
For Metro | Calgary

For the first time, Beakerhead is calling artists, engineers, designers and technicians from around the world to apply for its Big Bang Residency program.

Once selected, participants are encouraged to let their minds run wild, creating something that will get people talking and put Calgary on the map, said Beakerhead spokesperson Michelle Htun-Kay.

The art piece will be built throughout the course of a year, comprising a team of four or five multidisciplinary professionals.

Before the construction of the piece begins, the selected individuals will toss their ideas around the table at The Banff Centre for two one-week periods. The centre will also provide expertise and oversight during the selection and creative development process.

The participants will have free rein during the construction and creative process, Htun-Kay said. "The sky is the limit, really."

She noted other art grants can have restrictive guidelines.

"(The project) could encourage architects to come out and design something that they normally wouldn't have the opportunity to do," she said. "We're offering another challenge for unique artists, engineers and scientists to get funds and support to build relations."

Once finished, the spectacle will premiere on Sept. 14, 2016 at the Beakerhead festival in Calgary.

> **The sky is the limit, really.**
> Michelle Htun-Kay, Beakerhead spokesperson

After that, Htun-Kay said, she hopes it'll tour the world where others will have the chance to appreciate Calgary and the art it produces.

"It's to put Calgary on the map as a cultural hub and get recognized across Canada," she said.

The team will be given a materials budget of $24,000 and an artist fee for each member of $5,000 from the Remarkable Experience Accelerator, a joint initiative by the Calgary Arts Development and the Calgary Hotel Association.

The selection jury is made up of art and engineering professions from around the globe. The deadline for proposals is Oct. 9.

The successful team will be notified by Nov. 6.

Those selected for the Big Bang Residency will create something like Net Blow Up, an earlier Beakerhead project created by artists in Vienna and Austria. NEIL ZELLER/CONTRIBUTED

Passersby react to a PETA demonstration in downtown Calgary involving a woman imitating a dead crocodile with body paint and fake blood. JENNIFER FRIESEN/FOR METRO

Experts question PETA protest tactics

ANIMAL RIGHTS

Demonstrators say the display was meant to be shocking

Aaron Chatha
Metro | Calgary

Fake blood dripped down the sidewalk in front of the downtown Holt Renfrew on Tuesday.

People passing by stopped to gawk at its source — a woman, her body painted to imitate crocodile skin, lying under a banner which condemning luxury apparel brand Hermès.

The demonstration was organized by PETA (People for the Ethical Treatment of Animals) to draw attention to bags and watches made by Hermès using alligator and crocodile skin.

Using recent undercover video captured by activists as evidence, PETA alleges cruelty in the manner in which the reptiles were raised in Zimbabwe and killed in Texas, including the use of box cutters and knives to slice into their necks while they were still conscious.

Campaigners say the demonstration was meant to be shocking, but many people passing by seemed to be taken in more by the display than the actual message.

"I like her makeup. That's a lot of body art," said passerby Meagan, with a laugh.

"Obviously I see PETA on there, so I know what it has to do with."

Public relations expert Katie Stevens, director of client services for Talk Shop Media, said activities like this can do well to raise awareness about an issue, but little to create actual change from companies.

"We've been on the other end of the protest," Stevens said. "What we see is these types of spectacles don't really fix the root cause of the problem. They'll make the news, but when it comes to impacting the decision makers, they don't seem to be effective."

Tom Donoghue, president of the communications firm Donoghue & Associates, said PETA discredits themselves with many members of the public with tactics like these, but they do help raise funds.

"PETA simply keeps repeating the same techniques they've used in the past; there's nothing new here," said Donoghue. "Their challenge is to find things that will shock people, not to inform. Find things that will frighten people, not to enlighten."

Holt Renfrew did not reply to a request for comment.

Cappuccinos are served up during a barista competition in the U.S. The 2015 Prairie Regional Barista Competition hits Calgary this weekend. KEITH SRAKOCIC/THE ASSOCIATED PRESS

Baristas pour into Calgary

FOOD & DRINK

Top regional coffee creator to earn spot in national event

Helen Pike
Metro | Calgary

This weekend, professional espresso slingers and those who just love coffee a-latte will get together for the 2015 Prairie Regional Barista Competition in Calgary.

"It's open to the public; anyone can come," said Brodie Thomas, coffee expert with Eight Ounce Coffee.

The main event sees competitors from Alberta, Saskatchewan and Manitoba go head-to-head, all vying for a chance at the national title in Vancouver.

Competitors are required to make four cappuccinos, espressos and signature drinks while wooing the judges with their flavours and coffee tales.

The event isn't just for the pros. Enthusiasts are invited to participate in several workshops to hone their coffee-making skills.

The workshops will be held at Festival Hall. Registration can be done online through Eventbrite.

This is the first year that the Prairie Coffee Collective is hosting the event. Thomas said the collective is quite new and that their mandate is to bring the public and professionals together in learning the craft.

BUILDING THE PERFECT LATTE

For those barista wannabes trying to make fancy pours at home, Metro consulted with Brodie Thomas, coffee expert with Eight Ounce Coffee, for some beginner tips on latte perfection.

1. Use cold milk
The colder the milk, the easier it is to actually steam and pour.

2. Purge the steam wand before and after
This releases condensation buildup, which you want to get rid of before you steam, and is used to help clean the wand off after you are done.

3. Get a "vortex" going
You want to be able to see a tornado-like roll forming in the steamer, which Thomas says helps create a velvety microfoam.

4. Add just a little steamed milk to the espresso first
Adding a bit of steamed milk to the espresso and mixing it around will help incorporate the two before you pour more steamy goodness into the cup.

5. Use filtered water
Thomas described filtered water as probably the biggest game-changer in anyone's coffee brew.

HELEN PIKE/METRO

CRIME

Police arrest two after bank robbery

Lucie Edwardson
Metro | Calgary

Police took two suspects into custody Tuesday afternoon following a bank robbery in the city's southwest and a high-speed getaway attempt.

Acting Det. Martin Taylor said police responded to reports of a robbery at the ATB Financial branch at 917 85th St. S.W. just before 4 p.m.

He said one male culprit entered the bank and handed the teller a note demanding cash before subsequently fleeing on foot and proceeding to get into a red hatchback.

"There was a responding police vehicle in the area on 17th Avenue and 69th Street," he said. "Upon seeing the police vehicle, the offenders then fled at a high rate of speed, and the police vehicle did not engage."

> **"Upon seeing the police vehicle, the offenders then fled."**
> Det. Martin Taylor

Taylor said a police helicopter was in the air and "was able to view the vehicle from a distance."

He said a male suspect and a female suspect then fled on foot, and police units in the area were able to take both into custody shortly after.

Taylor said there had been one confirmed collision on 17th Avenue between the suspects' vehicle and a civilian vehicle.

Several other minor collisions also occurred on 17th Avenue, but it wasn't immediately clear if those were caused by the offending vehicle or if they were unrelated.

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Trudeau vows to clean up 'mess'

ELECTION 2015

With Duffy trial on tap, federal leaders take aim against Harper

With the curtain about to rise on the climactic second act of the Mike Duffy trial, Justin Trudeau promised Tuesday to clean up the scandal-tainted Senate, while Stephen Harper set his sights on neighbourhood drug labs.

The Liberal leader vowed to clean up the prime minister's "mess," accusing Harper of leading the "most secretive, divisive and hyper-partisan government in Canada's history."

That mess, of course, is the Senate, and in particular Duffy's trial, which was scheduled to enter its most explosive phase Wednesday with none other than Nigel Wright, Harper's former chief of staff, as the first witness.

Liberal Leader Justin Trudeau speaks to supporters during a 2015 federal election campaign stop in the riding of Papineau in Montreal on Tuesday. Prime Minister Stephen Harper's tough-on-drugs policy announcement on Tuesday was likely used to score points against Trudeau, who has already pledged his support for legalizing marijuana. GRAHAM HUGHES/THE CANADIAN PRESS

Wright is the man who provided Duffy with $90,000 of his own money to repay his disallowed housing and travel expenses. The former Conservative senator has pleaded not guilty to 31 charges including fraud, bribery and breach of trust.

Trudeau, determined to keep the Conservative scandal top of mind for Canadians, spoke Tuesday of transparency, saying it would be a fundamental principle in a Liberal government.

He also promised to bring in a merit-based appointment process to the Senate.

Harper, meanwhile, tried to avoid being drawn back into the Duffy fray with yet another policy announcement — his fifth with the 11-week campaign still in its infancy.

Harper promised a 20 per cent increase in funding — to almost $27 million a year — to help the RCMP target marijuana grow-ops and meth labs and another $500,000 a year over four years on a national toll-free hotline for parents to get information about drug use among the country's youth.

NDP Leader Tom Mulcair, however, was more interested in Harper's travel itinerary, in particular the fact he was getting as geographically far away from Ottawa as possible.

"I do find it interesting that Mr. Harper has decided to try to hide out in the North Pole during the Mike Duffy trial this week," Mulcair said.

"On a whole series of subjects, Mr. Harper has said one thing and its opposite in the Mike Duffy affair. You can't say one thing and then its opposite and have them both be true. A lot of that is going to be catching up with Mr. Harper this week. He can run but he can't hide."

THE CANADIAN PRESS

ITINERARY

Where the leaders are:

- Prime Minister Stephen Harper's itinerary was unavailable.
- Liberal Leader Justin Trudeau's itinerary was also unavailable.
- NDP Leader Tom Mulcair is scheduled to be in Quebec.
- Green Party Leader Elizabeth May will be in Squamish and North Vancouver, B.C.

NEWFOUNDLAND

Former Liberal MP to run in federal election as an independent

With his wife by his side, former Liberal MP Scott Andrews announced he'll run as an Independent in the federal election as he brushed off lingering questions about sexual harassment claims against him.

"I'm moving forward and I'm putting that in the past," Andrews said Tuesday at a news conference in Paradise, N.L., outside St. John's.

The region is part of the Avalon riding Andrews has represented since 2008. He left the Liberal caucus in March after leader Justin Trudeau suspended him for alleged misconduct involving a female MP.

Susan Mosher will act as official agent for her husband in the campaign, as she has since 2008.

"I am 100 per cent supportive of this man," Mosher said.

"It was a difficult time, I don't deny that. But I am fully supportive of where we've come and where we are today, and from here on we are moving forward."

In March, Andrews said he accepted summary findings after an investigation by Toronto lawyer Cynthia Petersen, but stopped short of saying he did anything wrong. Petersen's investigation was conducted at Trudeau's request, and the report was not publicly released as participants were assured confidentiality.

Andrews refused then as he did Tuesday to discuss specifics.

In a spring letter to constituents, Andrews wrote that the MP involved "has remained anonymous and expressed no interest in taking action on unsubstantiated allegations. Eager for an appropriate resolution, I have co-operated and participated in all processes presented to me; one offered by the Speaker of the House of Commons, the other by Mr. Trudeau.

"I participated in good faith with Mr. Trudeau's process and I believed that the subsequent report was based on fact and should have seen me reinstated to the Liberal caucus."

Andrews said an Independent MP could be especially influential if a minority government is elected Oct. 19.

Kelly Blidook, a political scientist at Memorial University of Newfoundland, said voters must size up Andrews without knowing all the facts.

"If he had come straight out and said: 'I did nothing wrong' ... to me, that would be vastly different than simply saying nothing about it, which is essentially what he has done."

Blidook said the episode exposed a troubling lack of procedures to fairly deal with complaints between MPs.

THE CANADIAN PRESS

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Sen. Mike Duffy arrives at an Ottawa court in June. He returns to court Wednesday. THE CANADIAN PRESS FILE

Duffy trial to resume

SENATE SCANDAL

Nigel Wright's testimony may give Tories' foes fodder

Michael Woods
Metro | Ottawa

The Mike Duffy trial returns from a seven-week hiatus with a bang on Wednesday.

Star witness Nigel Wright, Stephen Harper's former chief of staff, is expected to take the stand at the Elgin Street courthouse. Here's a refresher on what you need to know as the suspended senator's trial resumes.

What has happened so far?

Duffy is facing 31 charges including bribery, fraud on the government and breach of trust. The trial spanned 36 days this spring, then went on hiatus for seven weeks.

What happens now?

Starting Wednesday, the trial turns to the infamous $90,000 cheque Wright wrote to cover Duffy's inappropriate housing expenses. When the payment came to light in May 2013, it led to Wright's departure from the PMO and the most significant political firestorm of Harper's time as prime minister.

What could we learn?

Wright hasn't said much publicly about the case. But according to documents filed by the RCMP, Wright wrote in a February 2013 email that the prime minister was "good to go" with a plan to have the Conservative Party repay Duffy's housing expenses. However, Harper denied saying those words when asked about them on Sunday.

"The words you are quoting are not my words. They are somebody else's," he said.

In a May 14, 2013, email to colleagues, Wright wrote "the PM knows, in broad terms only, that I personally assisted Duffy when I was getting him to agree to repay the expenses."

Questions abound exactly how much Harper knew. We may find out more details about both of these instances.

What does the prime minister have to say about this?

Harper has continued to deny any advanced knowledge of Wright's payment to cover Duffy's denied housing expense claims. He did so again Tuesday morning.

If Wright's testimony differs at all from that, it could spell trouble for the prime minister.

What does this have to do with the election?

The timing of Wright's testimony — falling during Week 2 of an 11-week election campaign — is coincidental.

But it could be unfortunate for the Conservatives, with Harper facing questions about details of Wright's testimony on the campaign trail, and the details potentially giving the NDP and Liberals fodder for attacks on the Conservatives.

Hundreds of emails due to be released

The moment has arrived for Nigel Wright to fill in the blanks on his controversial dealings with Sen. Mike Duffy, but the prime minister's former chief of staff won't be the only one with fresh details this week.

With Wright beginning his testimony Wednesday at Duffy's fraud, breach of trust and bribery trial, the defence team is expected to soon release hundreds of internal emails exchanged with Stephen Harper's key people.

Nigel Wright. THE CANADIAN PRESS FILE

Back on the first day of the trial in April, defence lawyer Donald Bayne threw that thick binder of evidence down on a courtroom table with a loud thump — a teaser of things to come.

The full transcript of Wright's 2013 interview with police has also yet to be seen publicly.

Wright arrived Saturday in Ottawa from London, where he is a managing director with Onex Corp. A source close to Wright said the former chief of staff is ready for a full airing of the circumstances around his secret $90,000 payment of Duffy's improper living and travel expenses in 2013.

Wright takes his duty to the trial process seriously, said the source, speaking on condition of anonymity because they weren't authorized to discuss the matter.

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Future unclear for long-sought route

SHOAL LAKE 40

Conservatives commit 'in principle' to Freedom Road

The federal Conservatives say they have committed in principle to address a remote First Nation's plight that has become an election issue, but the community's leadership isn't convinced the Conservative promise is anything new.

Shoal Lake 40 First Nation, which straddles the Ontario-Manitoba boundary, has been under a boil-water advisory for 17 years and has no all-weather road. It was separated from the mainland a century ago when an aqueduct was built to send fresh water to Winnipeg.

Pressure has been building on the federal government to help fund what has been dubbed Freedom Road by residents. It would cost an estimated $30 million.

The City of Winnipeg and the Manitoba government committed earlier this year to each fund one third, with the remainder to come from Ottawa. Liberal Leader Justin Trudeau promised last month to pay the federal share if his party is elected.

In June, Natural Resources Minister Greg Rickford, the MP for the area, would not promise to pay for the road but reiterated a $1-million commitment for a design study. Some Shoal Lake residents wept openly as Rickford visited the community but refused to commit to construction.

Earlier this week, the Conservatives issued a short statement that said the study is, in essence, a commitment in principle to building the road.

"The Harper government supports the Freedom Road in principle, which is why it has funded the design," read a one-line party statement to which was attached Rickford's June news release. Attempts to reach Rickford for comment were unsuccessful.

The statement came hours after a departing Conservative MP said the government should help build the road. Joy Smith, who is not running for re-election after 11 years representing a Winnipeg riding, said she felt strongly that an all-weather road would help the community gain access to education, health care and other services.

> **If someone gets sick in the winter, there's no way of getting them to a doctor.**
> Winnipeg-area MP Joy Smith

"If someone gets sick in the winter, there's no way of getting them to a doctor," she said.

Cuyler Cotton, a policy analyst with Shoal Lake 40, said Monday the federal government has not put anything in writing. He also said the agreement to fund a design study falls far short of a commitment to build the road. THE CANADIAN PRESS

The ferry from Shoal Lake 39 to Shoal Lake 40 First Nation. JOHN WOODS/THE CANADIAN PRESS

MANITOBA

Survivor of hostage-taking helps girl who lived through attack

A freelance journalist who was kidnapped in Somalia has joined the growing list of Canadians stepping forward to help a Manitoba girl who survived a vicious attack of her own.

Amanda Lindhout issued a plea on Facebook recently asking for donations of Air Miles to help Rinelle Harper and her mother get to St. Francis Xavier University in Nova Scotia to meet with officials about the possibility of a scholarship.

The teenager was left to die beside a river in Winnipeg after a brutal assault last year but survived and continues to recover, occasionally speaking publicly about her ordeal.

Last month, her family's home on the Garden Hill First Nation burned to the ground, prompting an online GoFundMe campaign that raised more than $16,000 to help.

Lindhout, who was held hostage for more than a year in Somalia and has written a book about her ordeal, first connected with the Harper family earlier this summer and posted her Air Miles plea on the weekend.

It wasn't long before she posted again, saying that two women named Leah Brown and Rosanne Alldis had offered the miles necessary to secure flights for the meeting on Aug. 19.

Rinelle's mother, Julie, issued a statement saying her family has been "overwhelmed by the outpouring of support and kindness" shown to them.

"We are so proud to be Canadian and we thank all those who keep us in their prayers," she wrote. THE CANADIAN PRESS

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Giving kids a shot at fertility

HEALTH

More than 30 babies have been born via tissue-freezing

Barely two years old, Talia Pisano is getting tough treatment for kidney cancer that spread to her brain. She's also getting a chance to have babies of her own some day.

To battle infertility sometimes caused by cancer treatment, some children's hospitals are trying a futuristic approach: removing and freezing immature ovary and testes tissue, with hopes of being able to put it back when patients reach adulthood.

> **It definitely brought some peace.**
> Maria Pisano

It has worked in adults, with more than 30 babies having been born to women who had ovarian tissue removed in adulthood, frozen, and put back after treatment for cancer or other conditions.

But the procedures are still experimental in pre-pubescent children. There are challenges to making immature eggs and sperm from removed tissue suitable for conception.

Still, fertility researchers hope to refine the science while the first set of children whose tissue has been frozen grows up.

Families like Talia's are clinging to that optimism. The dark-eyed toddler who loves princesses and play-dough had an ovary removed and frozen in April. She was treated for kidney cancer last year but when it spread, doctors started harsher treatment including brain radiation.

"It seemed very new and pretty amazing that we can do something like this and help her in a bigger way," said her mom, Maria Pisano, of Griffith, Ind.

Doctors face a delicate balance in broaching the idea of yet another medical procedure when families have been hit with a horrible diagnosis and difficult treatment plan. The tissue-removing surgeries are typically done while a child is being sedated for another reason.

"We try to be thoughtful about the fact that their main focus and ours is on the survival of the child," said Dr. Erin Rowell, a surgeon at Chicago's Lurie Children's Hospital, where Talia is being treated.

A baby boy in Belgium makes scientists think they're on the right track. He was born to a woman who at age 13 had ovarian tissue removed before undergoing harsh treatment for sickle cell anemia. Doctors believe she had signs of puberty when the tissue was frozen, according to a recent medical journal report. Ten years later the tissue was thawed and was grafted onto her remaining ovary. She gave birth last November.

She is the youngest person to date to have had success. Although her eggs were likely more mature than those of prepubescent girls, the results are "super exciting," said Dr. Jill Ginsberg of Children's Hospital of Philadelphia, a pioneer in the field.

After the tissue is removed, some is stored in liquid nitrogen for the patient's future use and some is sent to a central research lab at Northwestern University in Chicago, where scientists are studying ways to make it work.

THE ASSOCIATED PRESS

Talia Pisano may have a greater chance at having babies of her own some day thanks to a tissue-freezing procedure.

CHRISTIAN K. LEE/THE ASSOCIATED PRESS

IN BRIEF

Possible missile fragments found at MH17 crash site

Dutch prosecutors said Tuesday they have found what could be parts of a Buk missile system at the site in eastern Ukraine where Malaysia Airlines Flight 17 crashed last year. This is the first time prosecutors have confirmed possible physical evidence of a missile bringing down the plane and killing all 298 people. THE ASSOCIATED PRESS

Amnesty approves policy to decriminalize sex trade

Amnesty International approved a controversial policy Tuesday to endorse sex trade decriminalization, rejecting complaints from some women's rights groups who say it is tantamount to advocating the legalization of pimping and brothel owning.

THE ASSOCIATED PRESS

Egyptian heat wave kills 42

A heat wave in Egypt turned deadly this week, killing at least 42 people, including a German resident, patients in a psychiatric hospital and detainees, officials said Tuesday. THE ASSOCIATED PRESS

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Critics wary of Iran deal

FOREIGN AFFAIRS

Many doubt U.S. can catch any 'cheating' on agreement

Secretary of State John Kerry testifies before the House Foreign Affairs Committee hearing on the Iran Nuclear Agreement in July. ANDREW HARNIK/THE ASSOCIATED PRESS

Iran's intelligence agencies have penetrated CIA front companies, executed Western agents and captured a sophisticated U.S. drone.

So why should anyone believe American intelligence officials when they express confidence that they can monitor Iran's compliance with the just-completed nuclear agreement?

The main reason, according to a classified joint intelligence assessment presented to Congress, is that the deal requires Iran to provide an unprecedented volume of information about nearly every aspect of its existing nuclear program, which Iran insists is peaceful.

That data will make checking on compliance easier, officials say, because it will shrink Iran's capacity to hide a covert weapons program.

"We will have far better insight (into) the industrial aspects of the Iranian nuclear program with this deal than what we have today," James Clapper, the director of national intelligence, told an audience last month at the Aspen Security Forum.

Outside experts don't dispute that. But they question — considering past blunders of U.S. intelligence in the Middle East — whether American spying will really be able to detect every instance of Iranian cheating.

"The intelligence community can rarely guarantee, 'We're going to find the secret site,"' said David Albright, a former weapons inspector who heads the Institute for Science and International Security.

> **The intelligence community can rarely guarantee, 'We're going to find the secret site.'**
> David Albright, former weapons inspector

"They have found them before in Iran and that's good, but I think they are going to have to do more work and bolster their capabilities to find secret sites in Iran in an environment when Iran is taking counter measures against them."

Congress is expected to vote next month on a resolution rejecting the agreement.

The United States, Russia, China, Britain, France and Germany reached the agreement with Iran on July 14 that would curtail its nuclear program in exchange for billions of dollars in relief from economic sanctions.

As part of that deal, Iran agreed to disclose nearly every element of its nuclear supply chain.

Former CIA and NSA Director Michael Hayden, who is advising Republican presidential candidate Jeb Bush, noted that there are three pathways to a nuclear weapon: fissile material, weaponization and a delivery system.

"We're betting the farm that we can block and have knowledge of one critical path," the fuel cycle, he said, noting that Iran is allowed to pursue ballistic missiles under the deal. "Which means that the margin for error in stopping them from having a usable nuclear weapon is more narrow than it otherwise would be."

While Clapper acknowledged the arrangement wasn't "100 per cent lock-proof guaranteed," Energy Secretary Ernest Moniz later told Congress that the "far greater insight will persist, essentially, forever." THE ASSOCIATED PRESS

IN BRIEF

Illinois man pleads guilty to terrorism charge

A man has pleaded guilty to a terrorism charge for attempting to join al-Qaida-affiliated fighters in the Middle East. At a hearing Tuesday in Chicago, Abdella Ahmad Tounisi spoke softly as he told a federal judge he understood the consequences of pleading guilty.

The FBI arrested the man in 2013 after he contacted undercover agents through fake extremist websites. Tounisi said, "I wanted to go to Syria to fight with Jabhat al-Nusra." He faces a maximum 15-year prison sentence.

THE ASSOCIATED PRESS

Rare recording of 'I Have a Dream' speech found

An English professor has unveiled a recording of what he says is the first time Martin Luther King Jr. said "I Have a Dream" in a public speech. Months before the civil rights leader gave his famous address at the March on Washington in 1963, he was fine-tuning his message in other venues.

Jason Miller says he discovered the recording in a library in Rocky Mount, N.C.

THE ASSOCIATED PRESS

ENVIRONMENT

EPA error leads to massive toxic spill in Colorado water supply

Townspeople watched millions of gallons of orange-colored mine waste flow through their communities and demanded clarity Tuesday about possible long-term threats to their water supply.

Colorado and New Mexico made disaster declarations for stretches of the Animas and San Juan rivers and the Navajo Nation declared an emergency as the toxic waste spread downstream toward Lake Powell in Utah.

EPA workers accidentally unleashed an estimated three million gallons (11.36 million litres) of mine waste, including high concentrations of arsenic, lead and other heavy metals, as they inspected the long-abandoned Gold King mine near Silverton, Colo., on Aug. 5.

EPA Administrator Gina McCarthy said Tuesday in Washington, D.C., that she takes full responsibility for the spill, which she said "pains me to no end." She said the agency is working around the clock to assess the environmental impact.

EPA officials said the shocking orange plume has already dissipated and that the leading edge of the contamination cannot be seen in the downstream stretches of the San Juan River or Lake Powell.

But that has done little to ease concerns or quell anger.

The Navajos, whose nation covers parts of New Mexico, Utah and Arizona, shut down water intake systems and stopped diverting water from the San Juan River.

Frustrated tribal council members echoed the sentiment of state officials, insisting that the federal government be held accountable.

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Japan reboots nuclear reactor

A police officer and security guards stand at the main gate to the Sendai Nuclear Power Station as No. 1 and No. 2 reactors loom in the background in southern Japan on Tuesday.
HIROKO HARIMA/KYODO NEWS/THE ASSOCIATED PRESS

POWER STATION

Majority of citizens fearful of plant's safety effectiveness

A power plant operator in southern Japan restarted a nuclear reactor on Tuesday, the first to begin operating under new safety requirements following the Fukushima disaster.

Kyushu Electric Power Co. said Tuesday it had restarted the No. 1 reactor at its Sendai nuclear plant as planned. The restart marks Japan's return to nuclear energy 4.5 years after the 2011 meltdowns at the Fukushima Dai-ichi nuclear power plant in northeastern Japan following an earthquake and tsunami.

The national broadcaster NHK showed plant workers in the control room as they turned the reactor back on. Tomomitsu Sakata, a spokesman for Kyushu Electric Power, said the reactor was put back online without any problems.

The Fukushima disaster displaced more than 100,000 people due to radioactive contamination and spurred a national debate over this resource-scarce country's reliance on nuclear power.

A majority of Japanese oppose the return to nuclear energy. Dozens of protesters, including former prime minister Naoto Kan, who was in office at the time of the disaster and has become an outspoken critic of nuclear power, were gathered outside the plant as police stood guard.

"Accidents are unpredictable; that's why they happen. And certainly not all the necessary precautions for such accidents have been taken here," Kan shouted to the crowd of about 300 people.

The Nuclear Regulation Authority affirmed the safety of the Sendai reactor and another one at the plant last September under stricter safety rules imposed after the 2011 accident, the worst since the 1986 Chornobyl explosion.

"Certainly not all the necessary precautions for such accidents have been taken."
Former PM Naoto Kan

The Sendai No. 1 reactor is scheduled to start generating power Friday and reach full capacity next month. The second Sendai reactor is due to restart in October.

Yoichi Miyazawa, Japan's industry minister, said Tuesday that the government would "put safety first" in resuming use of nuclear power.

Prime Minister Shinzo Abe has sought to have the reactors restarted as soon as possible to help reduce costly reliance on imported oil and gas and alleviate the financial burden on utilities of maintaining the idled plants. THE ASSOCIATED PRESS

AUSTRALIA

91-year-old man accused of smuggling cocaine in soap

A 91-year-old retired surgeon has been charged with importing cocaine hidden in soap into Australia, prompting police to warn travellers to ensure they are not tricked into becoming drug mules.

Victor Twartz, of Sydney, was released on bail when he appeared in Sydney's Downing Centre Local Court charged with importing a commercial quantity of cocaine last month. He did not enter a plea and will appear in court next on Oct. 6.

The retired oral surgeon faces a potential life prison sentence if he is convicted of importing 4.5 kilograms of the drug into Sydney Airport on a July 8 flight from New Delhi.

A search of Twartz's luggage found 27 packages of soap that tested positive for cocaine, police said.

Police say it appears that Twartz was scammed by a group of people he had befriended online before his trip. Australian Federal Police organized-crime commander David Stewart declined to say whether Twartz had been promised anything by the group but said he had been in contact with them over several months.

Police were tipped off by Twartz's family about the email exchanges but did not stop him from leaving Australia, Stewart said.

"There is certainly some evidence to suggest that this man was legitimately scammed by this group and exploited," Stewart told reporters. "There were warnings issued to him about his activities both here and overseas ... but you can only provide people with certain warnings. At the end of the day, they'll make their own choices."

Twartz told Australian Broadcasting Corp. that he met people in New Delhi whom he had befriended online. As he was about to board his plane to return to Sydney, he was handed a bag that he was told contained gifts for someone in Australia, he said.

As Twartz left court on Tuesday, a reporter asked if he had been taken advantage of. Twartz replied: "Always, always."

Australian Federal Police manager Wayne Buchhorn warned that unwittingly bringing drugs into Australia could result in charges.

"People can expect they will be charged if they knowingly bring drugs into Australia, or are reckless or wilfully blind to the fact that there could be narcotics concealed inside their luggage or items they are carrying," Buchhorn said in a statement. THE ASSOCIATED PRESS

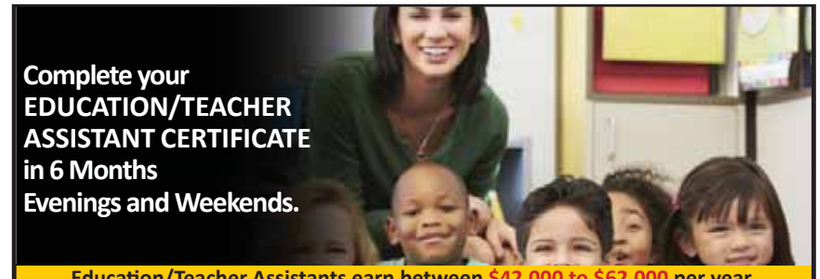
"There is certainly some evidence to suggest that this man was legitimately scammed by this group and exploited."
David Stewart of Australian Federal Police

IN BRIEF

UN office decries jail time for insulting Thai royalty

The office of the UN High Commissioner for Human Rights says it is appalled at the long prison sentences given to people convicted in Thailand of insulting the monarchy and is calling for the immediate release of all people jailed for exercising freedom of expression.

Its statement comes just four days after Thai military courts in separate cases gave prison sentences of 30 and 28 years, respectively, to a man and a woman for posting messages on Facebook found to have violated the "lese majeste" law. THE ASSOCIATED PRESS



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Greece pledges swift vote

BAILOUT DEAL

Harsh terms include sale of assets, deep spending cuts

Greece agreed to harsh terms for a new three-year bailout Tuesday and vowed to push it through parliament this week, despite mounting dissent in the ruling left-wing party.

With the country facing the risk of a debt default next week, Prime Minister Alexis Tsipras had sought to speed up the talks and get approval of a deal this week.

After Greece and its creditors reached an accord on the main points on Tuesday, Tsipras called for an emergency session of parliament for a vote late Thursday.

Greece needs to start tapping the new bailout — worth 85 billion euros ($93 billion US) — so that it can make a key debt repayment next week and secure its future in the euro.

The draft agreement forces Tsipras to accept what he had vowed to resist only months ago: the sale of some state property and deep cuts to pensions, military spending and ending tax credits to people considered vulnerable.

Officials in Athens and the European Union said a few issues were left to be ironed out Tuesday.

"We are very close. Two or three very small details remain," Finance Minister Euclid Tsakalotos said as he emerged Tuesday morning from all-night discussions with creditors.

The European Commission, a key negotiator in the talks, confirmed the progress. Annika Breidthardt, the Commission's spokeswoman for economic affairs, said the details were expected to be cleared up later.

Dissenters in Tsipras' left-wing Syriza party, who want to end bailout talks and return to a national currency, promised to fight the deal, describing it as a "noose around the neck of the Greek people."

Tsipras requested an end to the summer recess to allow for the two-day approval procedure and to get a vote before a meeting of eurozone finance ministers on Friday.

The agreement still requires approval from higher-level representatives, and senior finance officials from the 28 EU nations were holding a conference call Tuesday.

Germany, the largest single contributor to Greece's two previous bailouts and among the toughest negotiators so far, remained cautious on the timing for a final deal.

Greece's government borrowing rates fell, a sign investors are less worried about a default.

The Athens Stock Exchange, which reopened recently after being shut for five weeks during the most severe part of Greece's financial crisis closed up 2.1 per cent.

THE ASSOCIATED PRESS

A man reads a newspaper outside a shop in the main meat market of the northern Greek port city of Thessaloniki, Tuesday. Greece has agreed on the broad terms of a new three-year bailout package with creditors. GIANNIS PAPANIKOS/THE ASSOCIATED PRESS

STOCKS

Hackers tied to insider trading

An international web of hackers and traders was charged by U.S. authorities Tuesday with making $100 million US by breaking into the computers of business newswire services, reading corporate press releases before they came out, and then trading on that information ahead of the pack on Wall Street.

Nine people in the U.S. and Ukraine were indicted on criminal charges, including securities fraud, computer fraud and conspiracy. And the U.S. Securities and Exchange Commission brought related civil charges against the nine plus 23 other individuals and companies.

The nine charged with criminal offences include two people described as Ukrainian computer hackers and six stock traders, all but one of them in the United States. Prosecutors said they made $30 million US from their part of the scheme.

At the same time, the SEC brought a lawsuit that lays out a sprawling network of hackers and traders stretching from the U.S. to Russia and Ukraine, France, Malta and Cyprus, all accused of using the stolen advance information to make illegal trades.

Authorities said that starting in 2010 and continuing as recently as May, the hackers gained access to more than 150,000 news releases that were about to be issued by Marketwired of Toronto; PR Newswire in New York; and Business Wire of San Francisco.

The defendants then used roughly 800 of those news releases to make trades before the information came out, exploiting a time gap ranging from hours to three days, prosecutors said.

A strong earnings report or other positive news can cause a company's stock to rise, while disappointing news can make it fall. The conspirators typically used the advance information to buy stock options, which are essentially a bet on the direction a stock will move.

In 2013, for example, the hackers got an early peek at a press release from Panera Bread Co. announcing that it was lowering its earnings projections. The hacking ring bet correctly the stock would fall when the news came out, and turned a profit of about $1 million the very next day, according to the indictment.

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Low-fare Spirit posts worst on-time record

If you get on a Spirit Airlines flight, there's a 50-50 chance that your flight will be late.

Spirit, a low-fare carrier with a clientele of mostly leisure travellers, had by far the worst on-time performance in June among 14 airlines tracked in a government report.

Only 49.9 per cent of its flights arrived within 15 minutes of schedule, which is the government's definition of being on time.

United Airlines had the second-worst rating, at 66.3 per cent on time.

Overall, airlines covered by the U.S. Department of Transportation report operated 74.8 per cent of their flights on time in June, up from 71.8 per cent in June 2014.

Hawaiian Airlines, which benefits from many short flights in mostly good weather, finished on top, with 90.5 per cent of its flights landing on time.

THE ASSOCIATED PRESS

market minute

DOLLAR
76.31¢ (-0.61¢)

TSX
14,414.67 (-51.72)

OIL
$43.08 US (-$1.88)

GOLD
$1,107.70 US (+$3.60)

NATURAL GAS: $2.844 US (+0.2¢)
DOW JONES: 17,402.84 (-212.33)

IN BRIEF

Ex-intern sues Olsen firm

A former intern has sued Mary-Kate and Ashley Olsen's licensing and manufacturing company, Dualstar Entertainment Group, saying she worked 50 hours a week but wasn't paid. Shahista Lalani says she worked from May to September 2012. The lawsuit claims interns were misclassified as exempt from minimum wage requirements. The now 29-year-old twins founded the company when they were six.

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Wednesday, August 12, 2015

metro's election explainer

Your candidate can live in Toronto but run in a B.C. riding. What gives?

THE FACTS
Unlike senators, who must reside and own property in the province they represent, members of Parliament have to make their home somewhere in Canada, but not necessarily in the riding or even the province they vote for in the House of Commons. In practice most places elect local candidates. In the U.S., members of the House of Representatives, the equivalent of our House of Commons, must be "inhabitants" of the state they represent, broadly defined. (They don't have to own property or have lived there for a particular length of time).
But for Canadian candidates, it's about who you're for, not where you're from.
Think of a junior hockey team: the players get popular support by playing their hardest for the hometown fans, whether they grew up around the corner from the rink or in a Swedish fishing town.

THE HISTORY
The lack of a residency rule has come in handy for parties looking to seat a new leader. In 1990, Jean Chrétien won leadership of the Liberals — but he wasn't an MP. A Liberal member resigned his Quebec seat and Chrétien won it in a byelection. Green Party Leader Elizabeth May, who is from Cape Breton, N.S., shopped for a riding she could win. She ran in London, Ont. in 2006, in central Nova Scotia in 2008, and finally scored a seat in 2011 in environmentally friendly Saanich—Gulf Islands, B.C.

THE CONTROVERSY?
Canadians haven't balked at voting for candidates who hail from far-flung environs, as long as the party of their choice wins the seat. The most prominent example is the Prime Minister: Though Toronto-born and raised, Stephen Harper's economic conservatism and support of the energy sector put him right at home with voters in Calgary Centre.

The election explainer is dedicated to keeping urban Canadians informed ahead of the Oct. 19 vote. Look for it in this space throughout the campaign. Let us know what needs explaining: readers@metronews.ca

URBAN ETIQUETTE: ELLEN VANSTONE ON A BREWING BREAKUP

THE QUESTION

After months of flirting with my barista, we finally started dating. Unfortunately, it ended badly. There's nowhere else convenient for me to pick up my morning java. Advice?

Dear Ellen,
After several months of flirting with a barista at my local Starbucks, we finally started dating. Unfortunately, it ended badly. I'm not upset about the breakup. The problem is, I'm now afraid to go into the coffee shop — partly out of fear of running into my ex, partly out of fear that his co-workers will be rude or do something to my drink.
The problem is, there's nowhere else convenient for me to pick up my morning java. Advice?
D.L., Winnipeg
Dear D.L.,
I must say, you are one cool customer. You flirt for months with some poor chump who's slaving over a steamy espresso maker, finally take him out a few times, then (by the sounds of it) dump him, and now you're miffed because his broken heart might inconvenience your morning routine?
OK, perhaps I'm being too hasty. Maybe your heart was broken. Maybe he used and abused you, dragged your tender feelings through the mud and tossed you aside like a soggy coffee filter — limp, stained, your innards suitable only for composting.
But for anyone in such a state, the mere idea of waltzing back into the store would probably be enough to cause a total nervous breakdown. So I'm going to assume here that you were not terribly upset by the breakup, and that he was.
Let me start by saying that it's nobody's fault when a relationship ends. If the romance were meant to be, it would be. Only a fool wants to date someone who's not into them. Only a moral coward dates someone they fundamentally don't want to be with. And only loathsome busybodies judge other people for ending relationships, whatever their reasons. (As a veteran of all three ridiculous positions, I know whereof I speak.)
The question is, when you say it ended "badly," are we talking about how he felt? Or about how you behaved? It's never going to end well when one person is in love and the other person is not. But it can end on a level playing field, with a shred of dignity intact on both sides, if the breaker-upper is honest about their feelings and intentions.
If you broke up fair and square with this person, you have nothing to be ashamed of. Hold your head high, sally forth into your 'Bucks and order your coffee with impunity. If your appearance is going to cause real pain to your ex, you might consider going without your morning java for at least a few weeks out of consideration for another human being's feelings. (And if you're serious about the co-workers adding extra-special ingredients to your brew, then, yes, do avoid the place completely.)

If you broke up fair and square with this person ... hold your head high and order your coffee with impunity.

But if you behaved badly, dishonestly, cavalierly or disrespectfully before, during or after the breakup, I have to tell you that etiquette dictates total self-banishment from your local Starbucks. As a misguided relationship ruffian, you will have to get your (presumably iced) coffee elsewhere for the foreseeable future.

Need advice? Email Ellen
scene@metronews.ca

ROSEMARY WESTWOOD

metroview

Nothing's strange about seeking sanctuary in a church

There aren't many good reasons to leave a slow, Sunday-afternoon barbecue on your friend's rooftop deck.
But a friend told me I should go. I was having a sad day, and she knew it would help.
"I already had my yoga and meditation this morning," she said with a half-smile. "You can come right back."
So I did. At the last possible moment, I got on my bike and headed to church.
St. Peter's is a large stone church, set back from the street, surrounded by lawns and gardens. You pass through three sets of thick wooden doors and emerge into a large, echoing chamber.
I was late. The church was half-empty, warm and dark, the sun muted through stained-glass windows. The pianist hadn't shown, and so instead a woman stood at the edge of the altar, singing alone into the microphone, her voice ringing off the vaulted ceilings and over the smattering of people in the pews.
I closed my eyes to listen to that sound — a single voice on stone.
Churches, to me, have a particular feeling. The air is calm. Little is demanded of me once I'm inside. It's similar to standing by the sea, floating in a lake or hiking in thick woods.
It's a sanctuary. It's a comfort. Sometimes, that comfort is small.
Sometimes it's vast. On Sunday, I entered sunken, and I left elated, lifted.
Everyone at the barbecue knew I'd gone to mass — the host and hostess, a couple I don't know well, other friends — and when I got back, no one blinked.
"How was mass?" they asked, and I told them about the singing. "Do you feel better?" one friend asked.
Immensely.

On Sunday, I entered sunken, and I left elated, lifted.

I arrived just as the sausages and chicken skewers came off the grill and onto a table crowded with salads, corn and fresh olive bread.
It wasn't long ago that I realized my friends don't just respect my faith. To a degree, they understand it.
They understand the impulse for comfort. The impulse for calm.
It surprised me the first time one of them suggested, when I was having a bad day, "You should go to church." Sometimes, it still does.
Then I remind myself there's nothing strange about it. Who couldn't use a sanctuary?

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by Jason Logan

metro LIFE
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"Every night I light a candle that he stays in the race until Sept. 8. But I also hope that nobody gets that candle too close to his hair."
- Stephen Colbert, on Donald Trump's presidential bid

Street food is ancient history

DINING ON-THE-GO

Grabbing lunch at the taco stand? The Romans did easy eats first

Grabbing something hot and tasty on the move? You have the ancient Romans to thank. "Street food" was their invention, generally enjoyed with wine, gambling or even prostitutes.

Food on the go was an integral part of daily life in the empire, from nibbling on salted peas while watching gladiators battle in the Colosseum, to grabbing a sausage or fried fish snack after a dip in Rome's famed baths.

Feeding an empire of some 50 million people was no mean feat, as an exhibition in the Italian capital sets out to show in conjunction with Milan's 2015 Universal Exhibition on the themes of food and agriculture, running until the end of October.

Food scarcity could trigger uprisings or even topple leaders, a risk Emperor Augustus (63 BC to 14 AD) was unwilling to take. He made importing wheat, oil, wine and other foodstuffs a top priority, changing the face of Roman dining.

Breakfast of Romans

A typical day kicked off with the **jentaculum**, or breakfast — salted bread, dried fruit and eggs washed down with milk or wine.

That was followed by a quick **prandium**, or lunch, grabbed at the **thermopolia** — forerunners of fast food restaurants — or **popinae**, wine bars frequented by the lower classes where customers could grab a bite, dabble in a bit of gambling, or pop upstairs for some sex.

Dining on peacock tongues

Following an afternoon's work or session at the thermal baths, the rich would throw sumptuous banquets, dining on anything from peacock tongues to baked dormice.

The rest of the population supped on fresh vegetables, stews and, occasionally, meat.

"The logistics deployed by the Romans to feed themselves is fascinating," said Orietta Rossini, curator of the Ara Pacis exhibition, emphasizing how hard it was to keep happy a capital of one million people — the biggest in history before the industrial revolution hit London.

Our daily bread

The key lay in turning conquered Egypt into the empire's granary and ensuring wheat was transported cheaply to Rome all year round.

Private shipowners would carry up to 500 tonnes of wheat between Alexandria and Rome under the strict supervision of the state in an early example of today's partnerships between the private and public sectors, Rossini said.

This made the emperor "the sole distributor of daily bread, the only one responsible for the supply of provisions." Augustus boosted his popularity by distributing 35 kilos of wheat a month free to 20,000 citizens — free men over 17 years old.

Egypt's role was later passed on to the empire's African provinces, with grain shipped from Carthage in Tunisia to Rome's Ostia port in just three days and nights. Wine, sold at rock-bottom prices, was also imported, along with oil and meat.

Who gives a fig?

Samples of carbonized foodstuffs discovered during excavations at the ancient town of Herculaneum — destroyed along with Pompeii by the eruption of Mount Vesuvius in AD 79 — are on display at the exhibition, including wizened Roman-era figs.

The much-lauded "Mediterranean diet" began here: broad beans, peas, lentils and onions went in stews, with pine nuts, dates and almonds thrown in. Cumin, coriander, sesame and mint seeds were used to spice up dishes.

The globalization of foodstuffs seen in today's supermarkets was already in action, with wine imported from Gaul and Cyprus, oil from Andalusia, honey from Greece and prized garum — the fermented fish sauce which drove Romans crazy — from Portugal.

Chicken rare as hen's teeth

Food was such an important commodity that Emperor Diocletian, who ruled from 284 to 305, imposed price controls. But some dishes remained beyond the household budget for some — with chicken a particularly expensive and rare treat.

While a baker would on average earn 50 pieces of silver a day, he would have to spend 60 to buy two chickens, 30 for a half a litre of Falernian wine from the Bay of Naples, 12 for 300 grams of pork and four for 25 figs. AFP

Ancient Romans would snack on salted peas at the Colosseum. ISTOCK

EMPERORS' VEG

Asparagus for Augustus

The wealthy may have gone out of the way to impress with exotic dishes, but the empire's leaders were fond above all of fruit and vegetables: Emperor "Tiberius loved cucumber, while Augustus loved asparagus," exhibition curator Orietta Rossini said.

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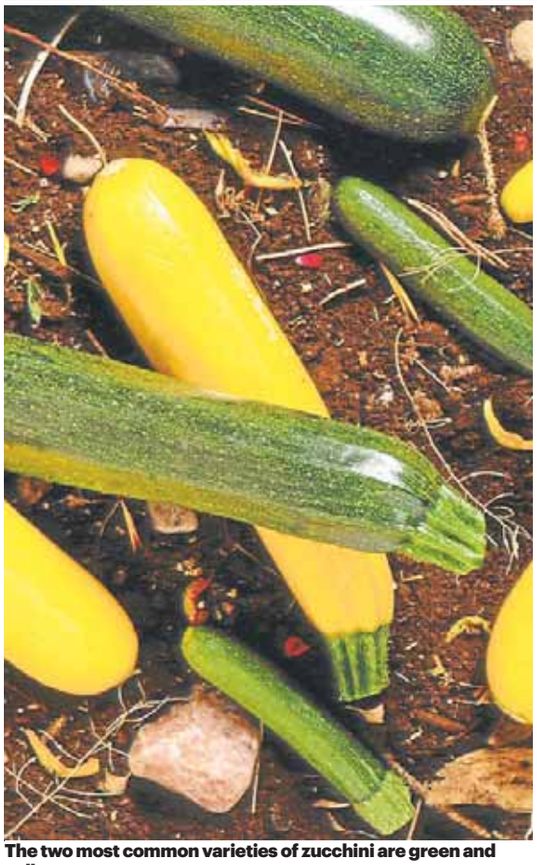


The two most common varieties of zucchini are green and yellow. FOODLAND ONTARIO/THE CANADIAN PRESS/HANDOUT

A zucchini dish for every palate

IN SEASON

This versatile veggie is a healthful add to any meal

If you don't know someone who's trying to give away zucchini right now, you probably don't know anyone who is growing it.

This summer squash grows easily and in great abundance, and if it's not picked when it's relatively small — 15 to 20 centimetre — an individual zucchini can grow as big as your arm. And the thing is, the big ones are just as edible as the little ones, although they may be a little more fibrous.

Fortunately, there is almost no end to the culinary uses of zucchini.

"It grows so prolifically that when people had a lot of it, they got very inventive with what they would do with it," says Yvonne Tremblay, a freelance recipe developer, food stylist and cookbook author from Mississauga, Ont. She always cooks zucchini and cites classic dishes such as ratatouille (a traditional Provencal stew of eggplant, zucchini, onion, tomato and peppers) or grilled summer vegetable medleys among her favourite uses. It's also great in soups.

But zucchini is equally good raw — shredded into slaw, sliced into green salads, eaten as a solo snack or as part of a crudités platter with dip.

It can also be made into jams, relishes and pickles, can be used as a substitute for pasta, can be cooked into lasagna or omelettes, used as a pizza topping, baked into chips or hollowed out and stuffed with almost anything from a mushroom mixture to cheese, meats, other vegetables or bread crumb mixtures.

Before stuffing a zucchini to be baked, the hollowed-out shell should be slightly baked on its own, cut side down, to eliminate some of the moisture content, Tremblay advises.

It lends itself equally well as an ingredient in desserts, including cakes, cookies, chocolate brownies and endless varieties of bread or sweet loaf.

What makes zucchini so versatile is its mild taste. Some might even call it bland. But this makes it receptive to combinations with an endless selection of other foods. Zucchini is classed as a summer squash partly because it is available earlier in the growing season than most squashes but also because it is fairly fragile and cannot be stored for long periods. THE CANADIAN PRESS

SWELL SQUASH

ZUCCHINI HAS JUST 16 CALORIES PER 100 GRAMS. IT ALSO HAS ANTIOXIDANT PROPERTIES AND IS A GOOD SOURCE OF VITAMINS A AND C.

ITALIAN WINE

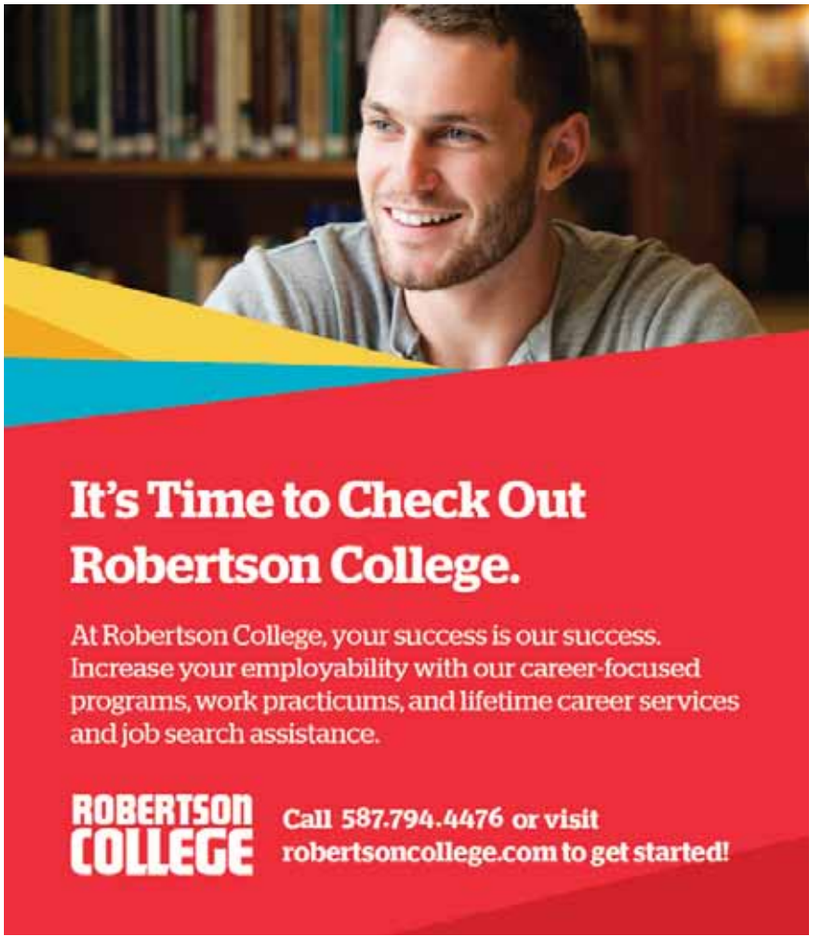
Pairing grape and grill

LIQUID ASSETS

Peter Rockwell
@therealwineguy

If I asked you to name a country famous for barbecue, would you say Italy? I didn't think so. That hasn't stopped the Italians from making a plethora of wines that match perfectly with grilled grub. To spotlight a few: there's the cherry goodness of a Chianti from Tuscany, the meaty muscle of an Aglianico-based red from Campania and, of course, the juicy berry fruit that's squeezed out of Veneto's Valpolicella.

While a light, traditional Valpolicella will charm the char off almost anything barbecued, its ripasso version is a weightier foil for heavier meat dishes. Masi invented the ripasso process, introducing its Campofiorin ($17.95-$20.49) to the world 50 years ago and the 2011 vintage celebrates that accomplishment.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MULTI-COOKER

A doodad worth making space for

WORD OF MOUTH

Theresa Albert
myfriendinfood.com

I am the lucky recipient of all kinds of whack for my kitchen, but, given that it is small and I am a not a fan of countertop doodads, I am very selective.

I had to be talked into trying out the new to-the-market Philips multi-cooker and the logic went like this: it replaces your steamer, slow cooker and rice maker.

Plus, it can bake and make yogurt. Yeah right, says my inner skeptic.

Well, in the last 24 hours, I have used it to make chicken cacciatore, bake a dark chocolate blueberry chia cake, and steam a head of kale. I am about to make yogurt, just for fun and because organic milk was on sale.

The difference between this appliance and a slow cooker is its range of temperatures.

You need a very high and quick heat to sauté the onions and celery for the soups and stews but a low heat to coddle milk for yogurt.

You need even heat with steam evaporation to bake.

I have given away my other appliances, switched around my kitchen countertop to accommodate and I am looking for other applications for such a useful, multi-purpose tool.

- At the cottage or on the boat. This multi-cooker allows you to walk away and spend all day and it won't heat up the cabin like an oven would.
- At university, where time and money are tight and it's an opportunity to avoid crap food.
- For seniors who may want to batch cook and freeze food on sale but don't want to be in the kitchen cleaning dishes. (Like my mom, whose birthday it is today!)

Lick your liquor

These Harissa Bloody Mary pops are deliciously cool on a hot summer's day. HANDOUT

COCKTAILS

These ice pops give summer a delicious boozy kick

Elodie Noel
Metro in New York

Summer heat just begs for a refreshing treat in any form. Well, we had an even better idea: Why not combine the best of the season's fresh fruits and delicious cocktails into a delicious treat. It even comes on a stick.

However, we've got some disappointing news for those of you hoping to get drunk on the sly with one of these healthy ice delights.

"You can't add too much in the way of alcohol to frozen treats as they won't freeze," says Morgan Greenhalgh, author of The Drink Blog.

His advice: "While they are kind of fun, I think the most ideal way to enjoy them is by having one and a cocktail on the side."

That's an opinion shared by Jacquee Stephens, the blogger behind I Sugar Coat It.

"Popsicles are a refreshingly cool summer treat that appeal to the kid in all of us," she says.

"They evoke such wonderful childhood memories. As an adult, pairing them with a favourite alcoholic drink really creates the best of both worlds."

Molly Yeh, founder of the aptly named food blog My Name Is Yeh, particularly enjoys the aspect of eating your alcohol slowly, nibble by nibble.

"For someone with a low tolerance, it's probably good that brain freeze stands in the way of me accidentally having my drink too quickly."

So get to the farmer's market, bring that lovely produce home and turn it into something beautiful and delicious.

A sweet tip: To get the pops out easily, place frozen moulds under warm running water.

RECIPE

Harissa Bloody Mary Pops

Tomatoes don't get any fresher than in August. These ice pops have the signature salty spiciness of a Bloody Mary, which can be a bit odd at first, but they are refreshing, healthy and give you just the right amount of buzz to make dessert extra fun.

Ingredients:

- 2 cups tomato juice
- 1/2 cup vodka
- 2 cloves garlic, smashed
- 3/4 tsp celery salt
- 1/2 tsp sugar
- 1/2 tsp harissa powder
- 3/4 tsp Worcestershire sauce
- A squeeze of lime juice
- A few turns of black pepper

Directions:

Whisk all ingredients together. Pour into popsicle moulds or 3-oz Dixie cups. Freeze for 20 minutes. Insert popsicle sticks and freeze for two more hours. Serve with celery stalks (and an extra vodka shot) and enjoy!

"They evoke such wonderful childhood memories
Morgan Greenhalgh

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Throw one's cast up in Horror

Details have been scarce about the new season of American Horror Story, but at the Television Critics Association tour, the stars gave brief summaries of who they are playing **LISA WEIDENFELD/METRO IN HOLLYWOOD**

Angela Bassett

"I have a strong, lasting relationship with Stefani's character, so I'm sure I'll be at odds with Donovan over who gets the girl. I'm also a fabulous actor."

Denis O'Hare

"I'm playing Liz Taylor, movie icon. And I'm not actually playing Elizabeth Taylor, but I'm playing a person who is impressed by the awesomeness of things like Butterfield 8 and Cleopatra. I shaved my head for the part and... other body parts."

Cheyenne Jackson

"I'm playing Will Drake, fashion icon. He's trying to creatively reestablish himself, so he moves from N.Y. to L.A., is a father, and a little desperate."

Chloë Sevigny

"I play Alex Lowell and I play the wife of Wes Bentley and a mother and a doctor and am dealing with a great loss in our family."

Ryan Murphy on Lady Gaga's character

"Her character name is Elizabeth. She owns the hotel. She's sort of a very wealthy socialdoyenne who is consumed with art and fashion and people and she has a nefarious plan that is revealed in the first episode that plays out over the course of the season."

Finn Wittrock

"I'm playing a male model named Tristan Duffy who's sort of always looking for the next high and I think sort of finds the biggest high in Lady Gaga and we have a lot to do together. She sees all of me."

CONTRIBUTED

NEW BROADCAST SERIES

How to feel like a Supergirl

Lisa Weidenfeld
For Metro

Melissa Benoist plays the lead in CBS's Supergirl. CONTRIBUTED

Playing a nearly invincible superhero might sound like a big task to take on, but Melissa Benoist, who takes on the title role in CBS's new Supergirl, felt up to the challenge.

"I think the second that I saw in my email, 'Supergirl,' I just knew that it was something exciting and rare that I wanted to be part of," said Benoist, speaking at the panel for the show at the Television Critics Association press tour.

"Melissa was the very first person we saw for Kara (Supergirl). As soon as we saw her, we just knew she was the one. She had the strength, the hope, the heart, the humour," explained Andrew Kreisberg, one of the show's executive producers.

But Benoist's Supergirl isn't totally unstoppable.

"It was important for us, especially to have a weekly TV show, to put her in situations where she isn't all powerful, so you can root for her," said Kreiesberg. "You want to feel like Supergirl might not survive any of these things."

Taking on a character with decades of history in comic books means there's quite a lot of backstory to draw from, and Benoist said there were a few things she tried to keep in mind in taking on the part.

> **Her bravery and strength were so intrinsic ... I needed to feel that myself.**
> Melissa Benoist

"I just knew that she's such a beacon of hope. And I knew that her bravery and strength were so intrinsic to who she is — I needed to feel that myself in order to play that."

Don't expect Supergirl's cousin Clark Kent to be popping up, however. "He will be a factor in her life, but you won't see him exactly on screen. He's going to be more in the background. But he does play a part in her evolution of becoming a superhero," said Geoff Johns, Chief Creative Officer at DC Entertainment.

Co-star Calista Flockhart, who plays Kara's Devil Wears Prada-type boss, Kat, did have one good idea about how to get him on the show.

"I think it would be a really good idea if Kat becomes romantically involved with Superman," she suggested.

No purchase necessary. One entry per person. Contest open to residents of the cities of Toronto and Ottawa, Ontario; Vancouver, British Columbia; Calgary and Edmonton, Alberta; Winnipeg, Manitoba and Halifax, Nova Scotia who have attained the age of majority in their province of residence as at the start of the Contest Period. Odds of winning depend on the number of eligible entries received in each city. Fifteen (15) prizes are available to be won in each city, each consisting of a double movie pass to a screening of "No Escape." Approximate retail value of each prize is $25 CDN. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on August 11, 2015 and closes at 11:59 pm ET on August 17, 2015. To enter and for complete contest rules visit www.clubmetro.com

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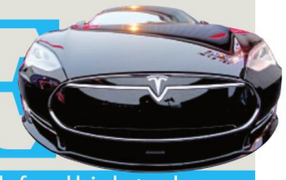

Tesla says hackers 'a community that we want to be part of' to defend high-tech cars

New Maxima flaunts size, sizzle

ROAD TESTED

THE CHECKLIST | 2016 NISSAN MAXIMA

THE BASICS

Type. Full-size, four-door, FWD sedan
Power. 300-hp 3.5-litre V6
Transmission. CVT automatic
Price. Base $35,900 (plus destination)

NOTABLE FEATURES

- Driver Attention Alert system alerts driver when drowsy and/or inattentive
- Around View Monitor with moving object deception
- NASA-inspired "Zero Gravity" seats for initial softness and long-term comfort

POINTS

- No "stand-alone" options, just four distinct trim lines — SV, SL, SR, Platinum — each with distinct features and personalities
- Increased fuel efficiency through lightness and underbelly aerodynamics
- Exterior design channels the vibe of the cockpit of an aircraft jet fighter

MARKET POSITION

- Largest sedan in the Nissan portfolio, historically pitched as the "Four-door Sports Car"
- Prime target is Generation X, 45-year-old father striving for good work-life balance
- Positioned in "progressive premium" subset of large-car segment

THE COMPETITION

Chrysler 300
Base price: $38,159

Ford Taurus
Base price: $28,284

Toyota Avalon
Base price: $38,185

REVIEW

Nissan makes a strong case for the large car

Mike Goetz
Metro | Canada

Cars are losing favour to crossovers, and none more so than the big sedans from the mass-market brands. Sales have shrunk considerably.

So when it came time to build another all-new Maxima, Nissan could have gone a number of ways, anything from totally reinventing it to appeal to a different and larger crowd, to maybe not even making another Maxima, and letting Altima and Infiniti Q50 cover the territory, which they somewhat do already.

In the end, Nissan chose an interesting strategy. This 2016 Maxima is much like previous generations, in that it's still big, still V6-only powered, and still only front-wheel drive, in an era where everything new now seems to go with turbo fours and some kind of AWD system. But it's changed, too — with dramatic styling inside and out, and with some new and meaty and interesting technologies, all of which conspire to give the car an appealing "over-engineered" vibe.

An abbreviated list of some of the new engineering bits include the first use of 1.2GPa high-strength steel in a Nissan sedan, a new-generation CVT (transmission) that feels very much like a geared transmission; an Active Noise Cancellation system to quell bad noises and an Active Sound Enhancement system to enhance good noises; and Drive Attention Alert, which learns a driver's steering patterns to determine deviations and warns drivers of their possible weariness behind the wheel.

I was fresh and juiced up on caffeine when I had my first fling with this new Maxima, so the Alert system's Coffee Cup icon didn't light up in the gauge cluster. All models have a "Sport" and "Normal" drive-model selector to sharpen steering and shift points, but our tester was the SR model, which also enlists active braking and suspension to help the sporting cause.

No question this is a fast car, a fun car to control behind the wheel, and a deserving descendent to the Maxima's legacy as the "four-door sports car."

The seating and driving position could hardly be better. A new aspect of the intriguing interior design is to tilt the console seven degrees toward the driver (as in the Nissan GT-R).

The interface has a new touchscreen panel that responds to finger-swiping, and a new controller with some added features. Everything works intuitively, though you always take a second or so to decide which way to go — touchscreen or controller.

The back seat is absolutely great and voluminous for two. Three can go back there, but the middle person will kvetch.

Not sure any large sedan will keep people from running to the crossovers, but the 2016 Maxima is a wonderful car and will reward those who remain faithful to the genre.

Mazda's SUMMER DRIVE EVENT
THE FIRST-EVER 2016 CX-3 GX
BI-WEEKLY LEASE OFFER FROM $135** at 3.99% APR with $0 DOWN for 60 months. Taxes extra.

GT model shown

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DRIVING MATTERS
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**Lease offers available on approved credit for new 2016 CX-3 GX (HVXK86AA00) with a lease APR of 3.99% and bi-weekly payments of $135 for 60 months, the total lease obligation is $17,549 with $0 down payment. Maximum $101 PPSA and first monthly payment due at lease inception. 20,000 km lease allowance per year, if exceeded, additional 8¢/km applies. 24,000 km leases available. Offered leasing available to retail customers only. Taxes extra. As shown, price for 2016 CX-3 GT (HXTK86AA00) is $31,746. All prices include $6.25 AMVIC Fee, $20 new tire charge, $100 a/c fee where applicable, block heater, and freight & PDI of $1,895. Licence, insurance, taxes, down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Lease and Finance on approved credit for qualified customers only. Offers valid Aug 1-31, 2015, while supplies last. Prices and rates subject to change without notice. Visit mazda.ca or your dealer for details.

2015 Jeep Renegade

Is it possible to build a small tall wagon that's actually off-road capable? And can a brand that's now owned by Fiat do it? The Jeep Renegade, first shown at the motor show in Geneva, Switzerland, is small enough to be sold all over the world and it also gives the company what it calls its first entry in the "small SUV" segment. **JEFF MELNYCHUK** WHEELBASE MEDIA

THE RUNDOWN

1 Engines
Under the hood is a 160-horsepower 1.4-litre turbocharged four-cylinder and a 184-horsepower 2.4-litre non-turbo four-cylinder.

2 Contingency plan
Tow hooks are here, with skid plates underneath.

3 Sitting taller
The ride height is increased by two centimetres over the base Renegade.

4 Going vertical
The nose and tail protrude less for scaling steeper grades.

5 Wheels
The car features 17-inch all-terrain tires.

6 Not afraid to get wet
A Trail Rated Renegade can ford (wade through) standing water up to 50 centimetres deep, which is about this high up on the bumper.

TRAIL RATED
A Trail Rated Jeep has to pass a series of company performance tests in five categories: ground clearance; traction; water fording; articulation; and manoeuvrability.

DESIGN

Taking a cue from the past

The Renegade apparently tries to channel Jeeps of old with many styling cues and play-rough features. Cool geometric trim shapes can be found outside and in.

ROOF

A little natural AC

The Renegade has optional removable roof panels for safari-like expeditions.

SOURCE: JEEP

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TRANSPORTATION AND ENERGY

Ford moves on Smart Mobility with car-sharing and e-bikes

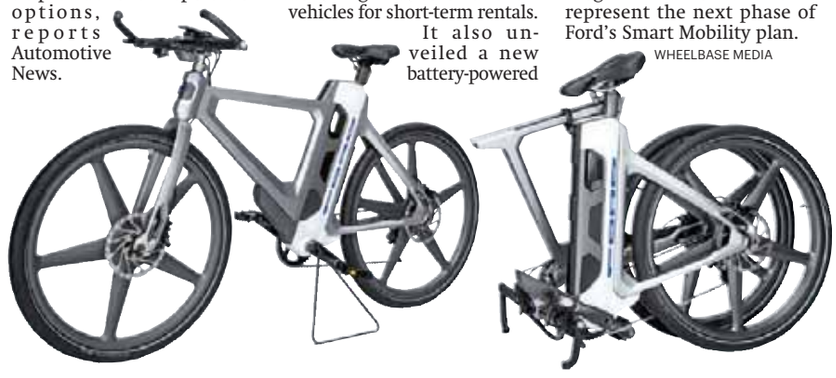
Ford is getting into the car-sharing and electric-bike business as part of CEO Mark Fields' effort to transform the automaker into a more holistic provider of transportation options, reports Automotive News.

The company has announced a pilot car-sharing program that invites 26,000 Ford Motor Credit Co. customers in six U.S. cities and London, England, to offer their vehicles for short-term rentals.

It also unveiled a new battery-powered bike aimed at urban commuters that folds and can be recharged while being stored inside any Ford vehicle.

The Peer-2-Peer Car Sharing Program and MoDe:Flex bike represent the next phase of Ford's Smart Mobility plan.

WHEELBASE MEDIA



ELECTRIC-CAR MILESTONE

Model S drivers hit one billion miles
California electric-car automaker Tesla says drivers of its Model S sedan have now accumulated one billion real-world road miles (1.6 billion kilometres) around the globe.

To put that distance into perspective, Tesla equates it to "4,186 trips to the moon" or "a 2,000-year road trip." Covering those miles electrically, it adds, prevented about 520,000 tonnes of carbon dioxide from being added to the atmosphere, and displaced "10 years of pumping gas."

Tesla recently reported its best-ever quarter, selling 10,030 cars in January to March of this year.

WHEELBASE MEDIA

Malibu sheds some pounds

REDESIGN

Chevrolet's 'strength training program' rids 150 kg

The next-generation Chevrolet Malibu midsize sedan will have more interior space and close to 150 kilograms less than the current model, the company says. The 2016 Malibu is expected to go on sale before the end of this year. Parent company General Motors says its engineers aggressively addressed two of the current car's main deficiencies, namely its cramped back seat and high weight compared to competing vehicles. The Malibu will be built on an entirely new chassis with nearly 10 centimetres more distance between the front and rear wheels. Combined with the lighter weight of the vehicle, the ride and handling should improve. Chevrolet engineers put the new Malibu "on a strength training program, making it sweat out a pound here and a gram there."

TEXT AND IMAGES BY WHEELBASE MEDIA

BATTERY PACKS

Energy storage in Mercedes-Benz's future

Mercedes-Benz plans to enter the energy storage business, saying it has been testing lithium-ion battery packs for light industrial, commercial and home applications.

The individual battery packs can be "stacked" or combined to provide more storage capacity for a given site.

Through its ACCUmotive subsidiary formed in 2009, Mercedes-Benz — itself a subsidiary of German industrial giant Daimler — has reportedly already delivered more than 60,000 lithium-ion cells to customers.

The possibility of Daimler jumping into the energy-storage market, relatively soon after California electric vehicle startup Tesla's move into home storage, indicates just how big a business energy storage could become over the next few years, suggests alternate vehicle website Green Car Reports.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

POWER

Solar bike path shows promise

Dutch company SolaRoad reports that a 70-metre test section of bike path embedded with solar panels near Amsterdam is producing more power than was originally expected. The bike path has already generated 3,000 kilowatt hours of electricity, enough to power a single-person Dutch household for a year. SolaRoad has ambitious plans for its concept, envisioning solar roads as not only a way to generate power, but also a real-time mechanism to monitor traffic using embedded sensors, and to possibly guide self-driving cars. SolaRoad reportedly built the demo bike path at a cost of $3.7 million US.

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Special Delivery: Mazda CX-3

What test car is Garry bringing us this week? We literally have no clue until it lands in our driveway, but who are we to doubt Garry Sowerby, who has a bazillion Guinness records for around-the-world driving? That's a bazillion more than we have, after all. Come along for the ride as we deliver real-life, no-glam reviews. **JEFF MELNYCHUK** WHEELBASE MEDIA

There isn't one sane humanoid who will tell you that they don't like the look of the Mazda CX-3.

If they do, don't trust them. Call the police. They're from another planet.

Looks aren't everything, of course, but if you're going to shell out 25-30 grand on anything, it had better make you smile. And Garry is smiling quite a bit after dropping off the new CX-3.

Why? It's just a fantastic piece of sculpture. I say "sculpture" since it looks like someone artfully slashed away at a raw piece of steel with a straight razor to arrive at its perfect proportions and shape. And in blue? Wow.

The CX-3 could be considered a hiked-up Mazda3 hatchback, in much the same way a Subaru Crosstrek is a hiked-up Impreza. They look like rough-and-tumble playthings, but their all-wheel-drive systems, for most people, will merely serve to save their butts in questionable conditions.

Why miniature 4x4 wagons are all the rage these days is no surprise. Their four-cylinder engines and small stature provide a good mix of fuel economy and keep the vehicle price from creeping into the world of personal bankruptcy. They still hold four people in decent comfort. Cargo space is on the thin side, even when compared to similarly sized vehicles such as the old Pontiac Vibe, which you can fit a bicycle into. Not so much with the CX-3. Is this the price to be paid for long and lustful second glances? It seems to be, although the all-wheel-drive system is no doubt responsible for taking up some room.

Still, I managed to load in a pile of eight-foot-long deck boards, saws, hammers, and assorted screws and beverages, and close the hatch. For small jobs, who needs a pickup truck?

Coke-bottle lines on the Mazda CX-3 ... refreshing. WHEELBASE MEDIA

A look inside

One of my two interior beefs involves the plastic pop-up piece that shows your speed. This seems like a stop-gap measure because the speed is also buried at the bottom of tachometer. There is no speedometer dial, just the digital readout, and in an automatic-transmission car, I would take a speedometer over a tachometer, any day. Form should lose to function, here.

The second beef is with the interior materials. It should be a given that all surfaces the driver routinely touches be soft and of high quality. The knee padding on the console is plush, which is great, but the door-top trim is hard plastic and causes actual physical torture when you rest your elbow there. Yet the dash top, which you seldom touch, is soft and squishy. It makes no sense.

But the rest of the car does, although for all the boasting about "Skyactiv" engine/transmission technology, fuel economy is still all about how heavy your lead foot is. With just 146 horsepower from the one-and-only 2.0-litre engine, the CX-3 requires some pushing to get moving. The top-end GT trim tested here (starting at 31 grand, including freight) has standard all-wheel-drive and is rated at "up to" 7.3 l/100 km, although I clocked about 10.9 in combined city/highway driving. Front-wheel-drive versions are rated better by 0.6 l/100 km. Possibly attainable if you drive under the speed limit — thereby provoking insanity in everyone around you — but possibly attainable.

From a practical standpoint, stiff competition will come from roomier vehicles such as the new Honda HR-V, but that vehicle is no match for the CX-3 in the looks department. And for many people, that's where they'll put their money.

LET'S TALK

WOW: Who says all the cars look the same? This is the best one in Mazda's stable; sporty drive.

HMM: Just OK on fuel; choppy like a shopping cart over cracks; lots of choice in this price range; short on rear knee room and cargo; needs a proper speedometer; hard plastic in the wrong spots.

They clean up the mean streets

DRIVING FORCE

Clearing highway debris no easy task

Jil McIntosh
For Metro

If something can go in or on a truck or trailer, then it can also fall off it. That can pose a serious hazard to other motorists, but it can be just as dangerous for the crews whose job it is to clean the highway up.

"It's really about traffic control, and then picking up the object after the traffic is controlled," says Bob Doupe, maintenance superintendent for the Ministry of Transportation's office in Whitby, Ont. "It's done in a manner that's also safer for the travelling public."

Cleanup crews go out in a pickup truck to retrieve objects. On a smaller highway, it's often enough to put out a sign warning of road work ahead.

But on a multi-lane highway, there must also be a crash truck. In addition to its flashing lights and directional arrow, it also has a crash attenuator, which sticks out the back and absorbs energy if a vehicle runs into it. This happens with surprising frequency. "Being in those crash trucks is a dangerous job," Doupe says.

The crash truck diverts traffic out of the lane so the crew can pick up the debris. The operation always starts at the shoulder, so cars can only pass the crew on one side. If the item is in a middle lane, extra crash trucks or police officers will be called in to close successive lanes, starting at the shoulder.

If it's too far out from the shoulder, or if the debris covers too many lanes, the crash trucks and police will initiate a "rolling stop." Starting well ahead of the problem, they'll block all lanes by driving very slowly and keeping traffic behind them until the crew has the mess cleaned up.

This can present a problem, Doupe says, when drivers at the back of the jam finally get to the trouble spot. They don't see the debris that's been cleaned up, and think that workers have closed the highway for nothing. "Sometimes they'll throw stuff at the crew, in addition to the insults," he says.

If you see debris on the road, call the police, who will alert the cleanup crews. And if something falls off your vehicle, never run into traffic to pick it up. People have been killed doing that, even when objects are close to the shoulder, so call for help and wait for the crew to show up.

Bob Doupe of Ontario's Ministry of Transportation shows some of the items that have been picked up from the highway.
PHOTOS BY JILL MCINTOSH/FOR METRO

OVERBOARD

- What to do when you see a cleanup crew: Slow down, obey the arrows, and give workers plenty of room for safety.
- Unusual objects the crews have picked up include landscaping rocks, a bathtub surround, a cash register, a handgun, and sex toys.
- Road debris is brought back to a depot, where tires and metal go to recycling, and everything else goes to the trash.

A crash truck diverts traffic so crews can clean up debris.

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Winnipeg QB Drew Willy will be out at least six to eight weeks with a knee injury

Hutchison's heroics help Blue Jays soar to Cloud 9

MLB

Bautista chips in with homer as team pushes win streak

Jose Bautista hit a home run to back a stellar outing from Drew Hutchison, as the Toronto Blue Jays beat the Oakland Athletics 4-2 on Tuesday for their ninth straight victory.

Hutchison (11-2) went seven strong innings, giving up two earned runs while striking out six and walking two. The right-hander, who came into the game with a 5.42 earned-run average, threw just 82 pitches, 59 for strikes.

Aaron Sanchez pitched a scoreless eighth inning and Roberto Osuna worked around a one-out double for his 11th save of the season.

Ryan Goins and Justin Smoak had runs batted in for the Blue Jays (62-52), who improved to 17-6 since the all-star break. Chris Colabello had three hits, including two doubles.

Kendall Graveman (6-8), who was traded from the Blue Jays along with Canadian Brett Lawrie for Josh Donaldson, gave up four runs — two earned — on five hits and one walk through 4-2/3 innings. The 24-year-old right-hander also struck out five batters in his return to Toronto.

Billy Burns and former Blue Jay Danny Valencia had RBIs for the Athletics (51-63). Lawrie, in his first appearance at Rogers Centre since the off-season trade, was 0 for 4 with two strikeouts.

The Blue Jays had an inning-ending double play overturned in the first that cost them a run when the next batter, Valencia, ripped an RBI double past a diving Kevin Pillar in centre field to score Josh Reddick from first base.

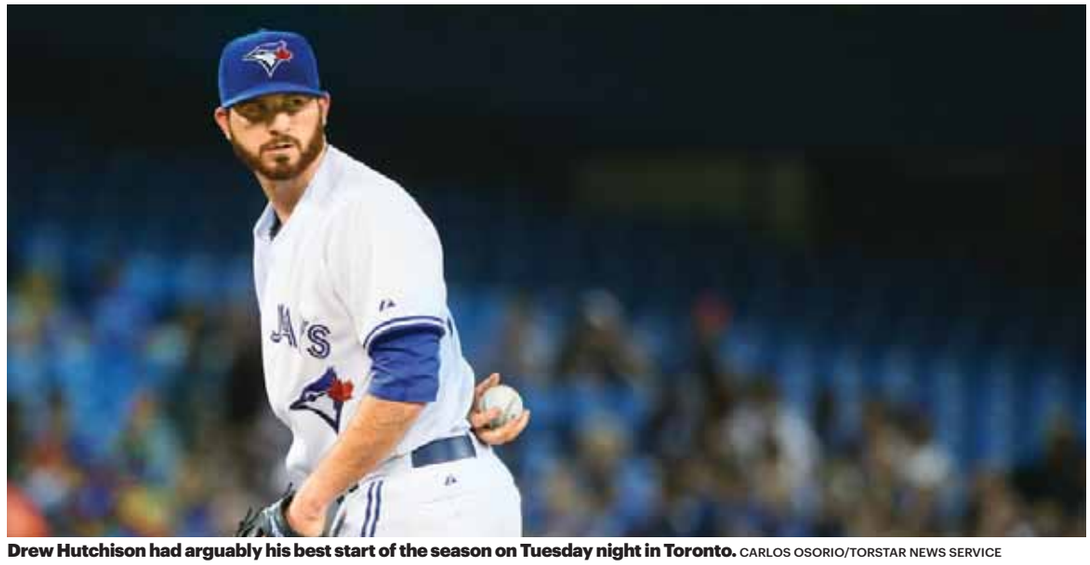
But the A's lead was short-lived as Toronto put up three runs in the bottom of the second.

Colabello hit a lead-off double and came in to score when a throwing error on shortstop Marcus Semien allowed Russell Martin to reach first base. Smoak then added to the lead, scoring Martin from first on an RBI double to left field, and crossed the plate himself on a Goins ground out.

Bautista's solo shot off Graveman in the fifth inning extended Toronto's lead to 4-1.

Hutchison left the game to a loud ovation from the 39,381 in attendance after giving up a single to Semien in the eighth. It was the first hit he allowed since the third inning.

Semien scored on Burns' RBI single off Sanchez to make it 4-2. THE CANADIAN PRESS



Drew Hutchison had arguably his best start of the season on Tuesday night in Toronto. CARLOS OSORIO/TORSTAR NEWS SERVICE

TUESDAY In Toronto

BLUE JAYS	A'S
4	2

27

Number of home runs Blue Jays' outfielder Jose Bautista has hit this season

PARAPAN AM GAMES

Huot and Stilwel shine for Canada

Veteran Canadian Paralympians Michelle Stilwell and Benoit Huot added Parapan Am gold to their already glittering medal collections on Tuesday.

Wheelchair racer Stilwell won the 100-metre T52 race while star swimmer Hout led a Canadian sweep in the men's 400-metre freestyle S10 class.

The two are among Canada's most decorated para-athletes.

At the 2000 Paralympics in Sydney, Stilwell was part of Canada's gold-medal winning wheelchair basketball team. Eight years later in Beijing, she won gold in both the 100- and 200-metre wheelchair races. She defended her 200 gold medal in London in 2012 but settled for silver in the 100. She's also a three-time world champion. Huot has nine Paralympic gold medals along with five silver and five bronze.

In other early results at the track, Kyle Whitehouse of St. Catharines, Ont., took silver in the men's 100 metres T38 for athletes with cerebral palsy while Rennee Foessel of Mississauga, Ont., won bronze in women's F37/38 javelin.

"I just wanted to get to the wall quicker and do it for Canada.
Swimmer Katarina Roxon

Fellow Canadian swimmers Katarina Roxon of Kippens, N.L. (women's 100 breaststroke SB8) and Aurelie Rivard, St-Jean-sur-Richelieu, Que., (women's 400 freestyle S10) also captured gold to continue Canada's medal haul in the pool. Only Brazil has won more swimming medals at the Games so far. "I just wanted to get to the wall quicker and do it for Canada," said Roxon.

Canadians won three silver medals in the boccia competition. Hanif Mawji of Burnaby, B.C., was second in the individual BC1 event while Adam Dukovich of London, Ont., took silver in the BC2 competition and Eric Bussiere of Vercheres, Que., lost in the final of the BC3 division. THE CANADIAN PRESS

ROGERS CUP

Bouchard served first-round exit

Canadian Eugenie Bouchard has been eliminated from the Rogers Cup after losing to Switzerland's Belinda Bencic.

Bouchard lost 6-0, 5-7, 6-2 in her first-round match Tuesday night on centre court at Aviva Centre. The 21-year-old from Westmount, Que., has now lost her first match in eight of her past 10 WTA tournaments.

Bouchard has also dropped 13 of her past 15 matches overall. Bencic, the 20th-ranked player in the world, moves on to face fourth-seeded Caroline Wozniacki in the second round. THE CANADIAN PRESS

Eugenie Bouchard
FRANK GUNN/THE CANADIAN PRESS

IN BRIEF

Shologan among CFL's top performers of the week

Hamilton Tiger-Cats defensive back Emanuel Davis, B.C. Lions running back Andrew Harris and Ottawa Redblacks defensive lineman Keith Shologan were named the CFL top performers of the week on Tuesday.

Shologan had five tackles, including a career-high three sacks, in the Redblacks' late 26-23 win over the Montreal Alouettes on Friday. THE CANADIAN PRESS

FIFA

Montagliani joins reform task force

Canada Soccer president Victor Montagliani is joining Francois Carrard's FIFA reform task force.

Carrard, who helped oversee cleaning up the IOC after the Salt Lake City bidding scandal, will chair a group leading reforms of soccer's corruption-hit governing body and Montagliani is one of 12 officials that have been picked by the six soccer continental confederations, plus two chosen by World Cup sponsors. THE ASSOCIATED PRESS

Victor Montagliani
FRANCOIS LAPLANTE/GETTY IMAGES

RECIPE Shrimp-Stuffed Avocado Shells

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 10 minutes
Serves 4

Ingredients
- 2 ripe avocados
- 1/3 cup light mayonnaise
- 2 tsp Worcestershire sauce
- 2 Tbsp chili sauce (Heinz)
- 6 oz baby shrimp, defrosted and cooked, with excess liquid squeezed out
- 1/2 cup finely diced red bell pepper
- 2 Tbsp finely chopped green onions or chives

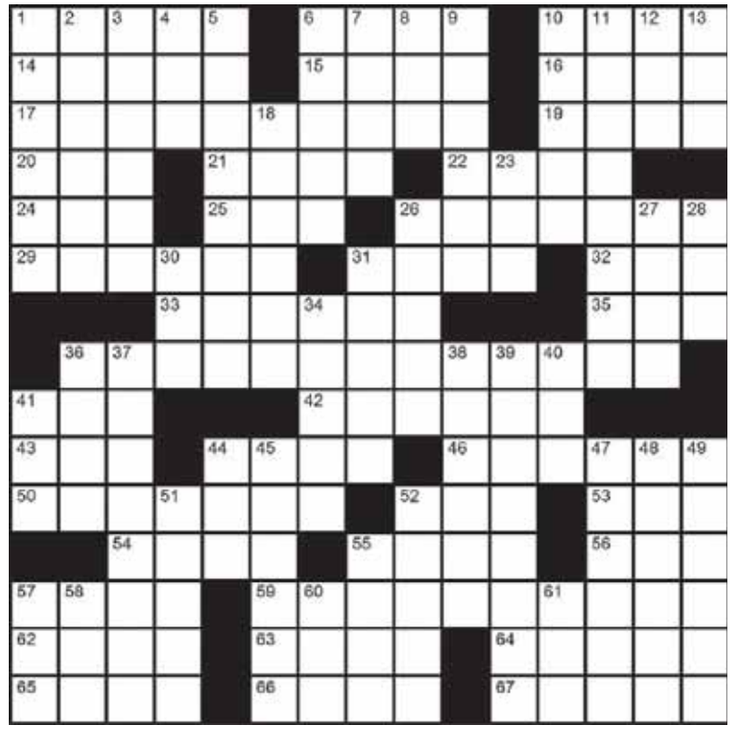
Directions
1. Slice avocados in half and scoop out pulp. Chop and place in bowl.
2. In another small bowl, mix mayonnaise, Worcestershire sauce and chili sauce.
3. Set aside four shrimp for garnish. Chop remaining shrimp and add to avocado with bell peppers and green onions. Gently fold in mayonnaise mix to avocado.
4. Spoon filling back into avocado shells. Garnish with remaining shrimp.

Nutrition per serving
- Calories 230
- Protein 11g
- Carbohydrates 14g
- Fibre 7g
- Total fat 16g
- Saturated fat 2.5g
- Cholesterol 65mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Coffee brand est. 1896 in Vancouver
6. Officially choose
10. Meaningful
14. Muse of love poetry in ancient Greek mythology
15. Ken of "thirtysomething"
16. ...happily _ after.
17. Best friend of #36-Across played by Dana Carvey: 2 wds.
19. 'Father' in France
20. White House nickname
21. Legendary singer Ms. James
22. "_ Chef America"
24. Not 'twas
25. Aug. and Sept.
26. Type of Terrier dog, cute-style
29. Orders takeout: 2 wds.
31. Ahhs friends
32. Feminine 'one' in French
33. City in Washington state
35. East Coast ocean, for short
36. "Saturday Night Live" character Mike Myers brought to the silver screen: 2 wds.
41. Jewel
42. Actress Charlize
43. Rainbow's shape
44. Fertilizer component
46. Yield
50. Money put into a bank account
52. Twice a single, for short
53. U2 rock producer Brian
54. Rushed letters in the office
55. Angry, _ off
56. Ex-Bruin Bobby
57. _-Cola
59. Everyone knows about it even though it's supposed to be hush-hush: 2 wds.
62. "Star _"
63. Typeface
64. Heighten
65. Waitress on "Alice"
66. Marshes
67. Police squads, e.g.

DOWN
1. Invalidate
2. Saudi _ Cruise's co-star in "Oblivion" (2013)
3. Most minimal
4. Baseball great Mel
5. Queen tune #17-Across and #36-Across famously rocked to: "_ Rhapsody"
6. Electricity units
7. Ms. Kurylenko, Tom
8. Ms. Carrere, Mike Myers' co-star as per #36-Across
9. Improve
10. The Home _
11. Ultimate
12. 'Mountain' suffix
13. Prior
18. Now!: 2 wds.
23. Iceland band, Sigur _
26. Dishonour
27. Global, briefly
28. Tubular fish
30. Swine spot
31. Nebraska city
34. Eight-member music ensemble
36. "The Way We _" (1973)
37. _ _ _ _ (Car in which #5-Down was played in the 1992 movie, as per #36-Across)
38. Investigations
39. Huge rocks
40. 'Differ' suffix
41. _ about (Rove)
44. NFL's land
45. Swindle
47. City in Illinois
48. Rioting reason
49. Rich cakes
51. City of Honshu in Japan
52. Auto shop repairs
55. State for Memphis, for short
57. CBC rival
58. Portland, _.
60. The Raven poet's surname
61. Crow cry

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Jupiter in the work area of your chart is sure to mean extra responsibilities, but if you tackle them in the right spirit and do the best job you can you will make a good impression. Get to it.

Taurus April 21 - May 21
The last thing you want now is to waste energy trying to persuade other people to do things your way. It's what YOU do that counts, so do something that makes the world sit up and take notice.

Gemini May 22 - June 21
Some sort of domestic strife is likely today but, at the same time, you are feeling extremely good-natured, so it should be easy enough to deal with.

Cancer June 22 - July 23
You won't lack for social invitations today but if you show your face too often you will begin to lose your rarity value. Even if you are not a celebrity as such you should act like one.

Leo July 24 - Aug. 23
There have been a lot of ups and downs in your life of late and you would no doubt welcome a little stability. That will come later but for now there is another roller-coaster situation you have to deal with.

Virgo Aug. 24 - Sept. 23
You cannot be the life and soul of the party every day. Now that Jupiter is moving through your sign you will find it easier to use the magic word more often. That word is "No."

Libra Sept. 24 - Oct. 23
This is a good time to look back at your efforts over the past few months and learn from both your triumphs and your failures. Your attitude is so positive now that nothing can hurt you emotionally.

Scorpio Oct. 24 - Nov. 22
You rarely, if ever, change your opinions once your mind is made up but over the next few days you will find yourself questioning some of the things you have come to believe.

Sagittarius Nov. 23 - Dec. 21
Jupiter in the career area of your chart means you will attract the attention of people in positions of power. You could soon be moving up in the world.

Capricorn Dec. 22 - Jan. 20
Get out into the world and explore. If you have shut yourself away in recent weeks you must now go right the other way and let everyone know that you still exist!

Aquarius Jan. 21 - Feb. 19
You have so many options to choose from now it may be a bit confusing. You are strongly advised to go with the option that provides you with the greatest amount of freedom.

Pisces Feb. 20 - March 20
You are going to have to make some major decisions over the next few days, the kind of decisions that have far-reaching consequences. Don't put them off in the hope that they might go away. Be brave.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

Conceptis Sudoku — By Dave Green

	1	2	4					
5				8		2	7	
9			2		3			
2		8		3	6			
	3		1	2		8		
		1	8		5	3		
	7			6	8		9	2
	9					1	3	
						4		

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